

# AUSTRALIAN OLYMPIANS

2016



- THIS ISSUE -  
LILLEHAMMER 2016 / RIO 2016 OLYMPIC GAMES / TOKYO 2020  
CHAMPIONS OF THE WORLD / ATHLETE TRANSITION / REUNIONS









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## JOHN COATES AC

*President, Australian Olympic Committee  
Vice President, International Olympic Committee*

I am immensely proud of the 422 Australian Olympians who competed in Rio. There were some remarkable performances. Congratulations on your achievements and for continuing Australia's 120-year history competing at the Olympic Games. I am proud of the way the athletes rose to the challenges of Rio and represented Australia with dignity.

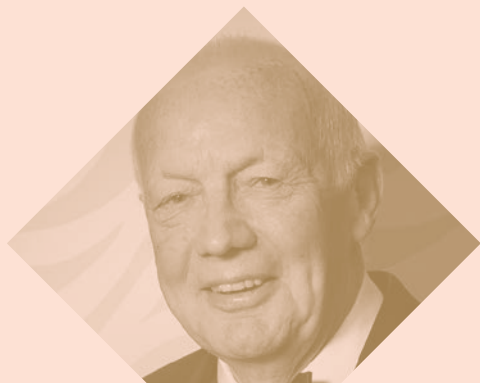
I also congratulate the many officials involved in the Games who worked tirelessly to ensure our athletes had the best opportunity to compete at the highest level possible. The signs are very positive for our 2020 Australian Olympic Team who will compete in Tokyo, with so many talented athletes coming through the ranks in a variety of sports. Just as we welcomed athletes from Rugby Sevens and Golf in Rio, I am looking forward to the return of softball and baseball in Tokyo 2020 and to welcome the new sports of surfing, karate, skateboarding and sport climbing.

The 2016 Australian Youth Team made history at the second Winter Youth Olympic Games held in Lillehammer in Norway in February. The Team won a total of four individual medals and one Team medal to become Australia's most successful Winter Olympic Team on record.

With each Olympic Games, our Olympic Team's sporting achievements have inspired a new generation of athletes to compete with the Australian spirit. Thank you for your ongoing contribution.

The International Olympic Committee is committed to combatting doping in sport. I was particularly delighted to present Jared Tallent his Olympic gold medal in Melbourne in June 2016, only two months prior to Rio so he could compete as the reigning Olympic Champion.

Our Winter athletes are going from strength to strength and I look forward to supporting them as they prepare for the 2018 Olympic Winter Games in PyeongChang. Our summer athletes of course begin a new four-year cycle and I am delighted with the progress of Tokyo 2020 which is shaping up as a most impressive Games. Finally, I congratulate our Athletes' Commission for initiating efforts to address athlete transition and assist Olympians with life after sport.



## LEON WIEGARD OAM

*President, Olympians Club of Australia*

On behalf of the Olympians Club of Australia, I would like to congratulate the 2016 Australian Olympic Team on their performances and efforts at the Rio Olympic Games and upholding the Australian Olympic Spirit.

Last November marked the 60th Anniversary of the Melbourne 1956 Olympic Games. To recognise this significant anniversary, celebrations took place in Melbourne, Lake Wendouree, Royal Melbourne Yacht Squadron, Government House and Ballarat. The anniversary dinner held at the Crown Casino was attended by 52 members from the 1956 Team.

The year after a Summer Olympics is typically a period of reflection which we have had following the Rio Olympic Games. However, from an Olympians Club perspective, it is business as usual for continual improvement in making contact with individual Olympians.

We would like to invite the recent Olympians to become involved and embrace the concept of the Olympians Clubs which exist for the sole purpose of keeping in touch with fellow Olympians and updating them on the Olympic movement in Australia.

Internationally, we are delighted with the appointment of James Tomkins (Rowing) to the World Olympians Association Board. Along with Natalie Cook (Beach Volleyball) representing Oceania for the IOC – Australia is now very well represented.

We are indebted to the AOC for its kind assistance in the production and distribution of the newsletters providing relevant information to all fellow Olympians.

The Olympians Club Constitution has been reviewed after many years and will now be finalised and adopted at the AGM in May this year.

We wish you all the best for the coming year.



## STEVE HOOKER OAM

*Chair, AOC Athletes' Commission  
Track and Field – Athens 2004, Beijing 2008, London 2012*

With Rio in the rear view mirror, now is a great time to reflect on all that the Athletes' Commission has achieved in the last four years, from the lead up to Sochi 2014 to Rio 2016. We look forward to what the Athletes' Commission would like to achieve in the lead up to PyeongChang 2018 and Tokyo 2020.

It is important to acknowledge the contributions of Loudy Wiggins, Anna Meares and Lauren Mitchell to the Athletes' Commission over the past four years and we welcome Jamie Dwyer, Jessica Fox and Shelley Watts as the newly elected Commission members in Rio.

The Commission's main focus over the last four years has been the transition of athletes from sport to work life and improving how the AOC is able to assist by providing practical support. Athlete Transition workshops were conducted post Rio and a new AOC manager role has been created to assist Olympians to access support structures that are in place and available to them as they transition out of sport. I encourage any athletes that are transitioning or considering doing so, to contact AOC Athlete Services for assistance on (02) 9247 2000.

We invite retired athletes from all sports who have already established themselves in post-Olympic careers to consider mentoring athletes who are considering retirement from sport. Again, please contact AOC Athlete Services on (02) 9247 2000.

The Commission is looking forward to the next quadrennium and would like to remind all competing Olympians that the Athletes' Commission is the conduit to the AOC Executive and the IOC, so we welcome any suggestions, concerns or issues you may be experiencing in order for this to be escalated to the AOC Executive and/or the IOC Athletes' Commission. On this note, we are providing athlete feedback on their experiences of the Rio Games and Team to the AOC Executive so members can form a meaningful part of PyeongChang and Tokyo planning.



# CHAMPIONS OF THE WORLD



## **BRITTENY COX** **MOGULS WORLD CUP** **DECEMBER 2016, FINLAND**

In December 2016 Britteny Cox became the first Australian woman to win gold at a moguls World Cup event. It was also the best overall performance for Australia with Matt Graham claiming a silver medal. Britteny qualified in 11th place then had a successful run in the round of 16, and went into the superfinal ranked number one.

“I am so excited to kick off the season with my first World Cup win. This has been a goal of mine for quite some time now and it’s very satisfying to finally climb to the top of the podium,” said the 22-year-old who has already competed at two Winter Olympics.



**SAM WELSFORD, MICHAEL HEPBURN, CALLUM SCOTSON, MILES SCOTSON, ALEXANDER PORTER AND LUKE DAVISON**  
**2016 CYCLING TEAM PURSUIT, LONDON**

The 2016 UCI Track Cycling World Championships were held in London in the Lee Valley VeloPark in March. Michael Hepburn, Sam Welsford and brothers Miles and Callum Scotson rode an impressive 3mins 52.7secs which was just over one second off the world record and enough to beat the home nation on the final lap. In one of the most exhilarating finals ever seen at a World Championships, the Australian quartet bolted from the gates to establish a lead of almost half a second after the first few laps. The margin remained consistent through the halfway mark, however Britain pegged back the margin to four tenths of a second with just four laps remaining, before taking the lead with three to go. Australia fell four tenths of a second behind at the bell lap, before a heroic final effort saw them take victory.

It truly was a team effort with Luke Davison and Alex Porter also called on to ride the qualifying and the semi-final rounds earlier which is further proof of Australia's new depth and speed in track cycling's blue ribbon event. In winning the final, Australia reclaimed the title they last held in 2014 when they won gold at the Commonwealth Games.

- ▲ Australia's track cycling team.
- Charlotte Caslick with her award.
- ◆ The women's rugby sevens team celebrate.

**WOMEN'S RUGBY SEVENS**  
**2015-16 WORLD RUGBY SEVENS SERIES CHAMPIONS**

The 2015-16 World Rugby Women's Sevens Series was the fourth edition of the annual series of tournaments organised by World Rugby for women's national teams. Australia took out the series, winning three tour events on their way to claiming Australia's first World Series title. Since winning the gold medal in Rio, the Australian team continues to dominate internationally and inspire future girls to participate in this growing sport.

Congratulations to Olympian Charlotte Caslick winning the Women's Sevens World Player of the Year 2016.





**CAROLINE BUCHANAN**  
**2016 BMX WORLD TIME TRIAL**  
**CHAMPION, COLOMBIA**

Caroline Buchanan was crowned the 2016 UCI BMX Elite Women's Time Trial World Champion for the second time in her career. Caroline beat Dutch star Laura Smulders and reigning world home champion Mariana Pajón of Colombia on the track named after the latter in Medellín, Colombia.

"That's my sixth world title overall, and I am honoured to be pulling on the rainbow world champion's jersey again," said Caroline after her success in the BMX World Championships in May.

**MITCH LARKIN**  
**100M BACKSTROKE, FINA**  
**WORLD CHAMPIONSHIPS**  
**(25M) WINDSOR, CANADA**

In December 2016 Mitch Larkin won his third consecutive world title in the 100m backstroke, retaining his shortcourse title at the FINA World Championships in Windsor, Canada. Russia's Andrei Shabasov led for most of the second 50m by an arm's length up to the last five meters. Larkin however stormed home and timed his finish perfectly, touching the wall four one-hundredths in front. He touched in 49.65, while Shabasov came in just behind in 49.69.

"I think this week has shown me a lot of the mental side of swimming. If you really buy into your races and trust your ability and trust the work you've done anything is possible. I think the power of the mind is something really incredible."

**BRITTANY ELMSLIE**  
**100M FREESTYLE, FINA**  
**WORLD CHAMPIONSHIPS**  
**(25M) WINDSOR, CANADA**

Dual Olympic relay gold medalist, Brittany Elmslie won her first individual world title at the FINA World Championships in Windsor, Canada in December 2016. Brittany set a personal best of 51.81sec in the 100m Freestyle to defeat 2012 Olympic gold medalist Ranomi Kromowidjojo (51.92) and 2016 Olympic gold medalist Penny Oleksiak (52.01), who was competing in front of her home crowd. Humbled with the win, Brittany was ecstatic with her performance. "I just got up there and focused on myself and put together a good four laps and did a PB, which is exciting," Brittany said. ●



▲ 2016 UCI BMX World Time Trial Champion Caroline Buchanan.



◀ Mitch Larkin celebrates his win.  
 ▼ Brittany Elmslie with her medal.







# INTERNATIONAL HONOURS AND AWARDS

## **JARED TALLENT OAM BEIJING 2008, LONDON 2012, RIO 2016, GOLD MEDAL, MEN'S 50KM RACE WALK LONDON 2012**

History was re-written on 17 June 2016 when Australia's famed race walker Jared Tallent was declared Olympic Champion in the men's 50km walk. More than 1,400 days after competing in London 2012, Jared was awarded his Gold Medal in front of family and friends on the steps of Melbourne's Old Treasury Building. John Coates and the International Olympic Committee organised the replacement Gold medal after Russia's Sergey Kirdyapkin was disqualified for doping.

Jared strode into history at the 2008 Beijing Olympic Games, completing a rare double by winning medals in both the 20km and 50km walk. It was the first time an Australian track and field male athlete had won two medals at a single Games.

Having won gold at the 2010 Commonwealth Games he competed in London 2012 in both the 20km and 50km events. Finishing 7th in the 20km, he matched his 2008 performance in the 50km walk and set a new personal best time.

"To be able to go to the Olympics and win a gold medal is beyond my wildest dreams," Jared said. "And to get the gold medal here, so close, and the first one awarded in Melbourne since the 1956 Games, makes it so special."

Jared became only the seventh Australian male to win Olympic gold in athletics and is now the Olympic record holder with a time of 3 hours, 36 minutes and 53 seconds.

In addition to his Gold medal, Jared received an Order of Australia medal from Governor-General Sir Peter Cosgrove and a custom-made Team blazer for the 2016 Games with his name inscribed on the lining along with all Australia's Olympic Champions, presented by 2016 Chef de Mission, Kitty Chiller.

**LORETTA HARROP  
AND BRAD BEVEN  
INTERNATIONAL TRIATHLON  
UNION HALL OF FAME**

Australian triathletes Loretta Harrop and Brad Beven, were inducted into the International Triathlon Union (ITU) Hall of Fame in December 2016.

**LORETTA HARROP**

Athens 2004 Olympic Games silver medallist, ITU World Champion 1999 and winner of 12 World Cups.

**BRAD BEVEN**

Nineteen time World Cup Champion, International Grand Prix Champion, three time runner-up ITU World Champion and Auckland 1990 Commonwealth Games silver medallist.



▲ Loretta Harrop in action during the 2005 Mooloolaba ITU World Cup Triathlon.  
◆ Brad Beven leads the field at the St George F1 triathlon.



# HALL

Sport Australia Hall of Fame recognises and promotes the outstanding sporting achievements of

# OF

our greatest athletes and encourages everyone to reach their full potential.

# FAME



**THE FOLLOWING AUSTRALIAN OLYMPIANS  
WERE HONOURED AT THE 2016 SPORT AUSTRALIA  
HALL OF FAME ANNUAL AWARDS NIGHT.**

Membership of the Sport Australia Hall of Fame is limited exclusively to the top echelon of Australian athletes who have all achieved excellence at the highest level of their sport and to those who have shown outstanding achievements in roles supportive to sports participants.

**LIBBY (LISBETH) TRICKETT**  
**OAM, SWIMMING -**  
**ATHENS 2004, BEIJING 2008,**  
**LONDON 2012**

Libby Trickett (nee Lenton) retired in 2013 from a swimming career that achieved seven Olympic medals including four gold. In addition, eight long course and seven short course world titles and five Commonwealth Games gold medals. Libby joins Australian swimming champions Jodie Henry, Petria Thomas and Leisel Jones in the Australia Hall of Fame. She says "I was privileged to have swum for as long as I did and record the achievements that I was able to do throughout my career and that's what you work towards but you don't think about possibilities of other rewards and recognitions."

**MALCOLM PAGE OAM**  
**SAILING - ATHENS 2004,**  
**BEIJING 2008, LONDON 2012**

Competing in the Men's 470, Malcolm was the only Australian to defend an Olympic title at the London 2012 Games. A seven-time world champion, he dominated the men's 470 class for almost a decade and is Australia's most successful Olympic sailor. Congratulating him on his induction into the Hall of Fame, Australian Sailing President Matt Allan commented "Malcolm has always been a great ambassador for sailing both in Australia and internationally. He is highly regarded by his peers and his engaging personality has ensured he has made friends throughout his career." ●



# LILLEHAMMER 2016 WINTER



# YOUTH OLYMPIC GAMES



**SEVENTEEN OF AUSTRALIA'S YOUNG ATHLETES MADE HISTORY AT THE SECOND WINTER YOUTH OLYMPIC GAMES, WINNING A TOTAL OF FOUR INDIVIDUAL MEDALS AND ONE TEAM MEDAL.**

## FAST FACTS

Host nation	Norway
Games duration	12–21 February 2016
Athletes	1,100
Nations	71
Sports	7
Australian athletes	17
Australian Chef De Mission	Ian Chesterman
Vision	Go beyond. Create tomorrow.
Mascot	Sjogg – a lynx meaning 'snow'
Medals	4 Silver, 1 Bronze





The Australian Team achieved a total of 11 top ten performances in what Australian Chef de Mission Ian Chesterman, who has led Australia at the past five Winter Olympic Games, classed as “an outstanding result from the next generation of Australia’s winter sports athletes.”

The 2016 Opening Ceremony was held at the famous Lysgårdsbakken Ski Jump, the venue of the 1994 Olympic Winter Games Opening Ceremony. Sixteen year-old freestyle snowboarder Emily Arthur proudly carried the Australian Flag. Two days later she won Australia’s first medal, claiming snowboard halfpipe silver at the Oslo Vinterpark.

By the fourth day of competition Australia had won an additional three medals. Alex Dickson claimed snowboard cross silver, missing out on gold by less than a board length. Ski cross star Zali Offord

made it three silver medals for Australia before Louis Muhlen won ski cross bronze.

Australia’s medal haul was completed when short track speed skater Julia Moore finished second in the mixed nations 3000m relay event. It was a fitting finale for the Team as it was at the Lillehammer 1994 Games that Australia claimed their first Winter Olympic medal - a short track relay bronze. Since then, Australia’s run of Winter Olympic medals remains unbroken.

The Team of 15–17 year-olds was made up of athletes from all over Australia. They were a credit to our country both during and post competition. ●

▲ 17 year-old Louis Muhlen competes in the slalom.  
◀ Opening Ceremony.




# R

## 2016 OLYMPIC GAMES

# O







◀ Governor General  
Sir Peter Cosgrove AK,  
MC addresses the Team.

# ONE TEAM

For Rio 2016 instilling a strong culture and values system was paramount for the Team's Chef de Mission, Kitty Chiller. The Road to Rio campaign was born, consisting of the national events series IGNITE, ASPIRE and INSPIRE.

In 2014/15 the AOC cast the net wide and began the IGNITE event series around Australia talking to 1,600 athletes and officials with the potential to represent Australia in Rio. Dozens of Olympians from as far back as London 1948 through to Sochi 2014 spoke with athletes, imparting knowledge of their Olympic journey and lessons learned. Together they set the tone for the Rio Team, to compete with humility and respect. The #OneTeam philosophy was set.

In 2015/16 the journey continued with 800 athletes and officials gathering at the ASPIRE event series, focussing on outfitting and Rio briefings. ASPIRE became an important milestone in performance readiness.

On 3 August 2016 over 400 members of the Australian Olympic Team gathered in the Rio Olympic Village at the Team's INSPIRE event, ahead of the traditional Flag Raising ceremony.

Athletes were thrilled to have the Governor General Sir Peter Cosgrove AK MC in Rio supporting the Team. Chef de Mission, Kitty Chiller acknowledged the athlete's journey 'You are here. You've done the work. You've earned your place. This is your time. Let's compete with passion, with guts and most importantly with humility.'

IT WAS THEN TIME FOR TEAM FLAGBEARER ANNA MEARES,  
COMPETING AT HER FOURTH GAMES, TO ADDRESS THE TEAM.

# ANNA MEARES SPEECH INSPIRING RIO

Your Excellencies, Chef Kitty and to our Australian Olympic Team. Welcome to Rio. In just a few days time the Games will kick off and like me you're all probably feeling a mixture of emotions. Nerves, anxiety, pressure and excitement. What lies ahead for us no one knows, it's unwritten history. But what lies ahead of our rivals and competitors is known. A team of men and women brimming with Aussie spirit, a spirit that many in the world envy.

We're a nation proud of our heritage. From our indigenous Australians to those who have immigrated and sought refuge to those born and raised on Aussie soil. We are all proud to call ourselves Australian.

We are the sports men and women of a great country who brave the grandest stage in front of millions bringing all in our nation along for the ride. A real life show of highs and lows.

The Olympics are unique. I've been asked so many times why I'm still here, why I still ride, why I still compete, simple answer is, I love the feeling I get on the rare few days once every four years to

# 3RD AUGUST 2016



wear the green and gold. My name is Anna Meares but it's not my name that makes my rivals take notice, it is the strength and pride I gain in spirit when I put on my green and gold racing gear.

You're about to represent yourself, your family, friends, team, sport and country. It sounds like a lot. But the reason we are held in such high esteem as sportsmen and sports women is because we carry that Aussie spirit, that never give in attitude and that let's have a real crack mindset.

Because all of us have fought and struggled and dug deep, there's been times we've been down for the count but every time no matter the hurdle no matter the challenge no matter the fight in front of us, we get back up and go again. We have all felt loss and we have all felt success too. That balance between the two is something only we can appreciate.

I have lost more races than I have won. I stand before you still striving for more success and still dreaming the same dream I had as a young girl in country Queensland. I could have retired after London, gone out a winner, gone out on top of my sport. But Rio offered a chance for me to not just be great, but to be greater again.

No one can find fault or disappointment in anyone who strives to be better in themselves and challenge themselves to do great things. And in its simplest terms it starts with bringing that competitive Aussie out in all of us and digging deep like Cathy Freeman, Kieren Perkins, Herb Elliot, Thorpey and a great friend of mine, Marjorie Nelson Jackson did in years gone by.

So to all in this team, in my team, in our team, let's make this Olympics great. Continue to be you, that's what has got you here. Continue to fight and battle and no matter the outcome I, like your family, friends, team and country, will be proud of you.





► Women's water polo qualification match between Australia and Brazil.  
 ◀ Emma Tonegato breaks through to score a try in the women's rugby sevens.





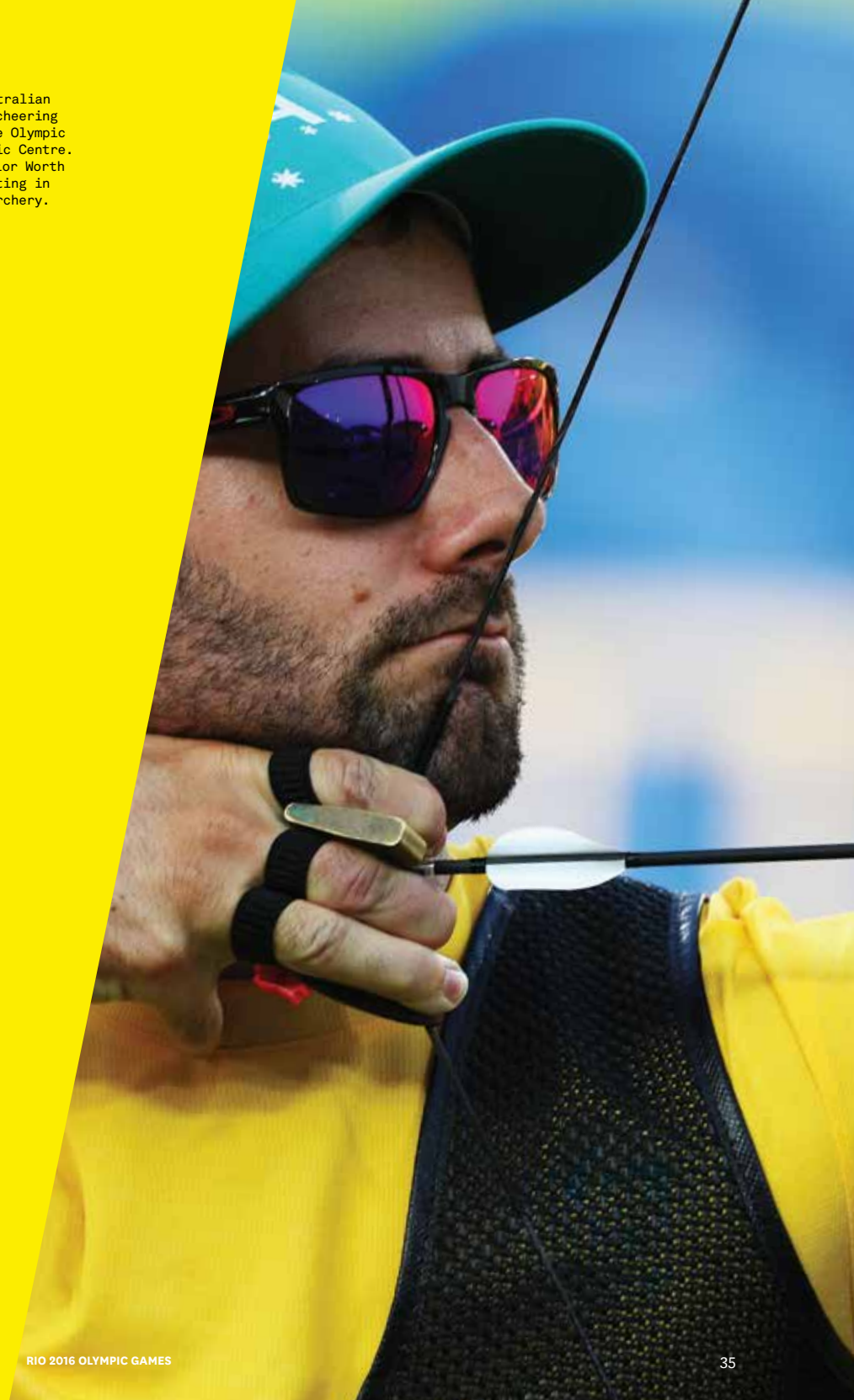


• Mathew Belcher and Will Ryan in action on board their 470 class dinghy.





◀ Australian fans cheering at the Olympic Aquatic Centre.  
▶ Taylor Worth competing in the Archery.







## FAST FACTS

Games Duration **5-21 Aug 2016**

Athletes **10,500** Nations **207**

Sports **28** Australian Athletes **422**

Aus Chef De Mission **Kitty Chiller**

Mascot **Vinicius** A MIX OF BRAZILIAN  
ANIMALS & **Tom** PARALYMPIC MASCOT

Medals **29 Total**  
**8 GOLD, 11 SILVER, 10 BRONZE**

◀ Rohan Dennis competes  
in the cycling road  
individual time trial.

The XXXI Summer Olympic Games in Rio was one of the most colourful and festive Games to date.

For the first time in history the Australian Summer Olympic Team was represented by more women than men. Anna Meares OAM was given the honour of carrying the Australian flag at the Opening Ceremony. At her fourth, and what was to be her final, Olympic Games, Anna proudly led the Team into Maracanã Stadium.

The men's archery team of Taylor Worth, Ryan Tyack and Alec Potts made history in winning the nation's first medal on the opening day of competition. Defeating China in the bronze medal match, the trio became Australia's first ever archery team to finish on the podium in Olympic competition.

The Australian swimming team opened their campaign in style. Having just missed out on competing at London, 20-year-old Mack Horton won gold in the 400m freestyle while Emma McKeon, Brittany Elmslie, Bronte Campbell and Cate Campbell took out the 4x100m freestyle relay in world record time.

In a sensational swim against a star-studded line up, including teammate Cameron McEvoy (7th), 18-year-old Kyle Chalmers became the first Australian to win the men's 100m freestyle final, since the great Michael Wenden in Mexico City 1968. Australia claimed a total of ten medals in the pool including five in relay events.

Alongside golf, rugby sevens made its Olympic debut at Rio. Fresh from winning the nation's first ever World Series title the Australian women's team moved through the competition undefeated before beating New Zealand 24 - 17 to win gold. The Aussie men managed eighth as Fiji won their first ever Olympic medal when they defeated Great Britain to win the gold.

Sailing was Australia's most successful sport at London and the success continued at Rio. Tom Burton made an incredible comeback to put five places between himself and Croatia's Tonci Stipanovic in the medal race to win gold. Cousins Jason Waterhouse and Lisa Darmanin won silver in the Nacra 17, as did Mat Belcher and Will Ryan in the 470 class and Iain Jensen and Nathan Outteridge in the 49er.

With two medals to her name Kim Brennan headed to Rio looking to add gold to her long list of achievements and powered her way to victory in the single sculls. The men's four featuring Alex Hill, Joshua Booth, Joshua Dunkley-Smith and Will Lockwood also won silver for Australia.

One of the most unforgettable moments of the Games was Chloe Esposito winning the modern pentathlon gold medal. Having finished 7th at London she was determined to be on the podium at Rio. Inspired by his sister's success a day earlier and despite being the youngest competitor in the 36 strong field, Max Esposito finished in 7th place.

Australia's youth proved their future potential. Catherine Skinner claimed gold in shooting after winning a shoot-off to progress to the semi-final before advancing to become Australia's fifth Olympic Champion in shooting. By her side in the semi-final was Laetisha Scanlan who claimed 5th while men's double trap athlete, James Willett finished 5th in his event. At just 16 years of age Aislin Jones became the nation's youngest Olympic shooter placing 17th in the skeet event.

**IN A SENSATIONAL  
SWIM AGAINST A STAR  
LINE UP, 18-YEAR-OLD  
KYLE CHALMERS TOOK  
OUT THE 100M  
FREESTYLE FINAL, THE  
FIRST AUSTRALIAN TO  
DO SO SINCE THE GREAT  
MICHAEL WENDEN IN  
MEXICO CITY 1968.**





Australian Olympic veterans were also making history. Jared Tallent won silver in the men's 50km walk, becoming Australia's most successful ever male track and field Olympic athlete. Kenny Wallace partnered with Lachlan Tame to win K2 1000m canoe/kayak sprint bronze, while Mary Hanna (Equestrian) and Jian Fang Lay (Table Tennis) joined Nat Cook (Beach Volleyball) as the only women to have competed at five Olympic Games for Australia.

Led by Andrew Bogut and Patty Mills, the men's basketball team played impressively throughout the tournament before going down to Spain by a single point in the bronze medal match. There was similar heartache for the women's side who won their opening five matches before losing their quarter-final clash with Serbia.

The women's football team reached the quarter-finals and were defeated by the host nation, Brazil in a penalty shootout. While the men's and women's hockey teams and the men's and women's

water polo teams all played well, they did not reach the medal matches at Rio.

After her gold medal win, Kim Brennan was announced as the Flagbearer for the Closing Ceremony. "This is my third Olympic Games and it has always been a privilege to represent my nation. Getting this chance now to carry the flag, with my teammates who have all given their heart and soul into this campaign, is something you could only dream of," Kim said.

Australia finished tenth on the medal tally, winning 8 gold, 11 silver and 10 bronze medals.

There were 178 athletes under the age of 25 at Rio, including 43 of Australia's 71 medallists.

For over two years leading into the Games, Chef de Mission Kitty Chiller worked tirelessly to create a strong united team. In true Australian spirit "the HUB" in the Village became a popular space for athletes to socialise while watching television and cheering on teammates, courtesy of Network Seven's coverage.



▲ Clockwise from top left: Chloe Esposito crossing the line to win gold in the women's modern pentathlon; slalom canoeist Jessica Fox; Matthew Glaetzer competes in the sprint qualifying; Alyce Burnett and Alyssa Bull celebrate after competing in the canoe sprint kayak double 500m; Australia's women's soccer team during the quarter final match against Brazil; Kyle Chalmers celebrates his gold medal win.



## WELCOME HOME CELEBRATIONS



Hangar 96 at Sydney airport was brought to life with hundreds of Olympians' families eagerly anticipating the arrival of the Qantas charter flight carrying the Australian Olympic Team.

The Prime Minister Malcolm Turnbull, alongside Qantas CEO Alan Joyce and Opposition Leader Bill Shorten greeted the Team, whilst the Seven Network's Sunrise program broadcast from the hangar and interviewed waiting families.

"Welcome home Australian Olympic Champions, every single one of you is an Olympic Champion," said Prime Minister Turnbull.

Over the following two weeks, celebrations continued in each state beginning at Admiralty House in Sydney. Governor General the Honourable Sir Peter Cosgrove addressed the Team along with Chef de Mission Kitty Chiller and Closing Ceremony Flagbearer Kim Brennan. "Since we got home, the reception has been overwhelming and incredibly humbling," said Rio 2016 gold medallist Kim.

Community celebrations continued in Melbourne, Adelaide, Brisbane, Hobart, Perth and Canberra. In Canberra, athletes visited Mount Ainsley and Gilarang Primary School, with Gilarang's own Lauren Wells competing at Rio. The athletes arrived to a rousing reception before answering many questions about their Olympic journeys and participating in school sporting activities. "It's been absolutely fabulous having all of my fellow Olympians here telling their stories and making it a real experience for all the kids," said Rio 2016 400mhurdler Lauren Wells, who is also a learning assistant at the school.

The athletes also visited the Starlight Express Rooms in children's hospitals in Sydney, Melbourne and Canberra, where they had the opportunity to play games, pose for photos and hand over their medals for the children to hold. Modern pentathlon gold medallist, Chloe Esposito was moved during these visits saying, "It was really nice to see all the children smiling and give back for all the support they've given us while we were at the Games."



## PRESENTATION OF THE 2016 OFFICIAL IOC OLYMPIC PINS

The Olympic Participant Lapel Pins for the athletes of the XXXI Olympic Games in Rio de Janeiro 2016 were presented at ceremonies held in each state. The Governor of each of the respective states was invited to present the Pins. The presentation of the IOC Pin is an important and unique occasion for all Olympians. The IOC Pin serves as reminder of the athlete's participation in the Olympic Games and should be worn at all Olympic functions.

Officials as well as athletes also received a framed blazer pocket in recognition of their participation at the Rio 2016 Olympic Games. ●



# RIO 2016 OLYMPIC GAMES HONOUR ROLL



Matthew Abood SWIMMING	●	Charlotte Caslick RUGBY SEVENS	●
Jessica Ashwood SWIMMING	●	Kyle Chalmers SWIMMING	● ● ●
Bronte Barratt SWIMMING	●	Emilee Cherry RUGBY SEVENS	●
Nicole Beck RUGBY SEVENS	●	Tamsin Cook SWIMMING	●
Mathew Belcher SAILING	●	Chloe Dalton RUGBY SEVENS	●
Alexander Belonogoff ROWING	●	Lisa Darmanin SAILING	●
Dane Bird-Smith ATHLETICS	●	Joshua Dunkley-Smith ROWING	●
Jack Bobridge CYCLING: TRACK	●	Alexander Edmondson CYCLING: TRACK	●
Joshua Booth ROWING	●	Brittany Elmslie SWIMMING	● ●
Kimberley Brennan ROWING	●	Chloe Esposito MODERN PENTATHLON	●
Christopher Burton EQUESTRIAN: EVENTING	●	Gemma Etheridge RUGBY SEVENS	●
Tom Burton SAILING	●	Karsten Forsterling ROWING	●
Bronte Campbell SWIMMING	●	Jessica Fox CANOE/KAYAK: SLALOM	●
Cate Campbell SWIMMING	● ●	Cameron Girdlestone ROWING	●

Ellia Green RUGBY SEVENS	●	Alec Potts ARCHERY	●
Sam Griffiths EQUESTRIAN: EVENTING	●	Alicia Quirk RUGBY SEVENS	●
Madeline Groves SWIMMING	● ●	James Roberts SWIMMING	●
Michael Hepburn CYCLING: TRACK	●	Shane Rose EQUESTRIAN: EVENTING	●
Alexander Hill ROWING	●	Will Ryan SAILING	●
Mack Horton SWIMMING	●	Callum Scotson CYCLING: TRACK	●
Iain Jensen SAILING	●	Emily Seebohm SWIMMING	●
Maddison Keeney DIVING	●	Catherine Skinner SHOOTING	●
Mitchell Larkin SWIMMING	● ●	Anabelle Smith DIVING	●
William Lockwood ROWING	●	Jared Tallent ATHLETICS	●
James Magnussen SWIMMING	●	Lachlan Tame CANOE/KAYAK: SPRINT	●
Cameron McEvoy SWIMMING	● ●	Stuart Tinney EQUESTRIAN: EVENTING	●
Emma McKeon SWIMMING	● ● ● ●	Emma Tonegato RUGBY SEVENS	●
Taylor McKeown SWIMMING	●	Amy Turner RUGBY SEVENS	●
James McRae ROWING	●	Ryan Tyack ARCHERY	●
Anna Meares CYCLING: TRACK	●	Ken Wallace CANOE/KAYAK: SPRINT	●
David Morgan SWIMMING	●	Jason Waterhouse SAILING	●
Leah Neale SWIMMING	●	Sam Welsford CYCLING: TRACK	●
Nathan Outteridge SAILING	●	Sharni Williams RUGBY SEVENS	●
Jake Packard SWIMMING	●	Madison Wilson SWIMMING	●
Shannon Parry RUGBY SEVENS	●	Taylor Worth ARCHERY	●
Evania Pelite RUGBY SEVENS	●		

# PYEONGCHANG 2018



**THE XXIII WINTER GAMES IN PYEONGCHANG WILL BE THE FIRST OLYMPIC GAMES IN SOUTH KOREA SINCE THE SUMMER GAMES IN SEOUL IN 1988. THE OPENING CEREMONY WILL BE HELD 9 FEBRUARY 2018.**

Located in Gangwon Province, PyeongChang will present one of the most compact Games in Winter Olympic history. With two central venues, the Gangneung coastal cluster will host speed skating, figure skating, short track speed skating, ice hockey and curling. The PyeongChang Alpensia cluster will host alpine skiing, cross country skiing, ski jumping, biathlon, bobsleigh, skeleton and luge. Jeongseon will also host a few events, while freestyle skiing and snowboarding will be held at Bokwang, Phoenix Park.

AOC Vice President, Ian Chesterman will lead the Australian Olympic Winter Team as Chef de Mission for the sixth time. "It's an enormous honour to be appointed to lead the Australian Team to PyeongChang in 2018," Chesterman said. "I look back to the first time I was Chef de Mission in 1998 and I see the enormous progress made by our Australian winter athletes over that

time, and how we now go to an Olympic Winter Games as a highly respected winter sport nation. I'm very confident that we will take our strongest team ever to Korea in 2018."

With a budding youth population and a strong strategic position in Asia, PyeongChang hopes the 2018 Games will enable a legacy of new growth and potential.

These Games will potentially reinvent the future of Olympic venue sustainability. By identifying objectives for tourism, jobs, education and sustainability at such an early stage, these Games will have a lasting and positive impact on housing, transport and infrastructure. As a member of the Olympic Partner (TOP) sponsorship programme, General Electric will work with PyeongChang endeavouring to make these Games the most "eco-friendly" to date.

The President of PyeongChang 2018, Hee-beom Lee promises these Games will be memorable. "Based on thorough preparation, we will strive to provide the best of service to all participants and realise our goal of making the PyeongChang 2018 Games Cultural Olympics,



FAST FACTS			
Host nation	South Korea	Games duration	9-25 Feb 2018
Athletes	2,940	Sports	15
Nations	95	Venues	13
Aus Chef de Mission	Ian Chesterman		
Mascots	Soohorang and Bandabi		

Environmental Olympics, Olympics for Peace and Economic Olympics, and we will pleasantly surprise the world with our performance."

Korea's high tech capabilities will aim to showcase advanced IT service, including 5G telecommunications, robots and 4K Ultra High Definition broadcast.

There are currently 29 sporting events with 3,000 athletes participating in the 2018 Games venue testing. These test events will be an opportunity for athletes and officials to familiarise themselves with the venues and the host region.

For more information, visit: [olympics.com.au/games/pyeongchang-2018](http://olympics.com.au/games/pyeongchang-2018) ●

▲ IOC President Thomas Bach views Samsung hologram, at an event promoting South Korea's forthcoming Olympics.



# T O K Y O 2 0 2 0





**ON 7 SEPTEMBER 2013, OUTGOING INTERNATIONAL OLYMPIC COMMITTEE PRESIDENT DR JACQUES ROGGE DECLARED “THE GAMES OF THE 32ND OLYMPIAD IN 2020 ARE AWARDED TO THE CITY OF... TOKYO!”**

Fifty-six years after hosting the 1964 Olympic Games the Japanese capital will be hosting their second Summer Olympic Games from 24 July to 9 August 2020.

The majority of venues will be within an 8km radius of an Athletes’ Village with spectacular city views. Using the legacy of the 1964 Games, some of these venues will be refurbished for the 2020 Games. Of the 33 total venues, 11 will be newly built. A new national stadium will be built for the 2019 Rugby World Cup on the site of the stadium for the 1964 Games. The new arena will host the Opening and Closing Ceremonies as well as the track and field events.

A total of 33 sports are scheduled for the Tokyo 2020 Olympic Games. The Organising Committee has proposed the addition of 18 events from the following five sports – baseball, softball, karate, skateboarding, sport climbing and surfing. These sports were added due to their focus on youth, identified as a key priority for the Tokyo Games. IOC President Thomas Bach greatly supported the initiative. “Taken together, the five sports are an innovative combination of established and emerging, youth-focused events that are popular in Japan and will add to the legacy of the Tokyo Games,” he said.

FAST FACTS			
Host nation	Japan		
Games duration	24 Jul – 9 Aug 2020		
Athletes	11,000	Nations	205
Sports	55	Venues	33

These additional events were approved for inclusion at the Tokyo 2020 Olympic Games at the IOC Session held in Rio de Janeiro in August 2016. The announcement is positive for Australia’s future Olympians particularly with our strength in skateboarding, surfing and soft-ball. President of the Australian Olympic Committee, John Coates was pleased about the inclusion of these new sports. “Our reaction is that it’s a very good, balanced package. We have traditional sports and then sports that are innovative, new and will appeal to the youth of the world.” ●



▲ Yokohama Stadium, a venue for the baseball and softball tournaments at the 2020 Olympics.  
► Performers present Tokyo at the closing ceremony of the Rio 2016 Summer Olympic Games.







# INSIDE THE AOC



## 2016 HIGHLIGHTS

### **FEBRUARY**

APN Outdoor joined as an Australian Olympic Team Partner. The partnership is the first time the Australian Olympic Team has joined forces with an Outdoor media provider which is indicative of the growth and anticipated trajectory of the medium.

Lillehammer Youth Olympic Games were held from 12 to 21 February 2016.

### **MARCH**

The Australian Olympic Committee (AOC) and Australian Paralympic Committee (APC) enjoy a long and agreeable relationship with the Australian Government and while the AOC does not seek any Federal Government funding, the strong relationship between organisations is significant to achieve mutually beneficial goals. The Australian Government launched a Parliamentary Friendship Group called 'Road to Rio' on 14 March 2016. The group chaired by Senator Nova Peris MP and Mr Craig Laundy MLA existed to build awareness and interest in the Olympic and Paralympic Teams ahead of Rio 2016. The AOC is in strong support of this initiative and attended the launch with Olympians Melissa Breen, Jessica Fox, Jared Tallent and Steven Solomon.

### **MAY**

AOC AGM was held on 12 May.

Child Protection Policy was introduced by President of the AOC, John Coates. It advised sports must adopt a Child Protection Policy before they can nominate athletes for selection on the Australian Olympic Team.

### **JUNE**

Toyota Australia signed as the partner of the Australian Olympic Team for the 2016 Rio Games and PyeongChang 2018 Winter Games. The partnership represents Toyota Australia's long-term commitment to the Olympic family.

Jared Tallent OAM presented with his Gold Medal from the London 2012 Olympic Games at a special presentation at the Old Treasury Steps in Melbourne.



### **AUGUST**

2016 Olympic Games held in Rio, Brazil from 5 to 21 August 2016.



## SEPTEMBER

Peter Montgomery, Vice President of the AOC, four time Olympian, AOC Life Member announced his retirement on 6 September 2016.

Ian Chesterman was elected as Vice President of the AOC by his colleagues to the AOC Executive Board. Ian is preparing to lead his sixth Australian Olympic Team to the 2018 Olympic Winter Games.

Steve Hooker was elected the AOC's Athletes' Commission Chair and Kim Brennan Deputy Chair by their fellow Commission members. "This is a group of passionate athletes that I'm proud to be a part of and I know we're all motivated to achieve a lot over the next term," said Steve.

Jamie Dwyer, Jessica Fox and Shelley Watts were all elected at the Rio Olympic Games as new members to the Commission. They will join Cate Campbell, Alana Quade (nee Boyd) and Ken Wallace who were all re-elected. Winter Olympians, Ramone Cooper and Lydia Lassila remain on the Commission until elections at the Winter Olympics in PyeongChang in February 2018. James Tomkins, in his capacity as a member of the IOC Athletes' Commission, retains his position on the AOC Athletes' Commission.

***"This is a group of passionate athletes that I'm proud to be a part of and I know we're all motivated to achieve a lot over the next term"***

*Steve Hooker, AOC's Athletes' Commission Chair*

## OCTOBER

After 12 years and 10 Olympic campaigns, Fiona de Jong, Chief Executive Officer of the Australian Olympic Committee, announced her plans to leave the AOC. President of the Australian Olympic Committee, John Coates said, "Fiona is one of Australia's great sports administrators and has made an outstanding contribution to the Olympic movement during her years at the AOC".

The Honourable Mark Arbib, former Senator and Federal Minister for Sport and the current President of Athletics Australia, joined the Executive Board of the Australian Olympic Committee.

## NOVEMBER

Australian athletes who won medals at the 2016 Rio Olympic Games will be eligible for 2017 Medal Incentive Funding of \$1,080,000 received from the Australian Olympic Committee from January.

Athlete Transition events were held in Melbourne, Sydney and Perth to assist athletes in their transition from sport to working life thereafter. ●

► Members of the AOC Athletes' Commission.  
▼ AOC's Athletes' Commission Chair Steve Hooker.





# MELBOURNE 1956

The Melbourne 1956 Games was the first time Australia hosted the Olympics. In many ways, it was the Games that took the Olympics to the world. It was the first Games held outside of Europe or the United States, the first Games held

in the southern hemisphere, the first Games where live television broadcasts captured the public's imagination, and the first Games in which all the athletes walked together as one in the Closing Ceremony. ●





# INSIDE THE IOC

## **JANUARY, FEBRUARY, MARCH**

The Court of Arbitration for Sport upholds six appeals by the IAAF against Russia. The International Association of Athletics Federation claimed that RUSADA had incorrectly applied the applicable anti-doping rules adopted by the IAAF to implement provisions of the World Anti-Doping Code with respect to the disqualification of competitive results.

## **APRIL, MAY**

The IOC takes decisive action to protect the clean athletes. The IOC Executive Board met in special session to step up the fight against drugs cheats. Speaking after the meeting IOC President Thomas Bach, himself an Olympic Champion, announced additional measures to protect the clean athletes.

## **JUNE, JULY, AUGUST**

The Executive Board of the IOC supported the proposal to add five new sports to the programme of the Olympic Games in Tokyo 2020. The sports include karate, skateboarding, sports climbing, surfing, baseball and softball were approved at the 129th IOC Session held in Rio de Janeiro in August. It was described by the IOC as the most comprehensive evolution of the

schedule in Olympic history. Rio Olympians elected four new members to the IOC Athletes' Commission. Britta Heidemann from Germany (Fencing), Seug-min Ryu from Korea (Table Tennis), Daniel Gyurta from Hungary (Swimming) and Yelena Isinbayeva from Russian Federation (Athletics) have been elected to the IOC Athletes' Commission by their peers at the Olympic Games Rio 2016 for a term of eight years.

## **SEPTEMBER, OCTOBER**

Declaration of the 5th Olympic Summit. This year, the Olympic Summit discussed in-principle, proposals for a more robust, more efficient, more transparent and more harmonised WADA anti-doping system.

## **NOVEMBER, DECEMBER**

Australia's Moya Dodd was awarded the IOC Women and Sport Trophy. A former Australian international footballer and Asian Football Confederation Vice President, Moya received the prestigious honour following her work championing women's rights within football while raising global awareness about the need to bring more gender diversity into all areas of sports governance. The five continental trophies were awarded to Ms Felicite Rwemarikira (Africa),

► Dagim Zinabu Tekle receives the IOC Women and Sport Trophy.



Dr Carole Oglesby (USA), Ms Maria Leonor Estampador (Asia), Ms Majken Maria Gilmartin (Europe) and Ms Moya Dodd (Oceania).

The IOC stripped 10 athletes of their medals from the Beijing 2008 Olympic Games after banned substances were found in samples that had been retested.

The International Olympic Committee and the International Masters Games Association signed a Memorandum of Understanding. The long-term partnership follows Recommendation Six, of Olympic Agenda 2020 items in the IOC's strategic roadmap for the future of the Olympic movement to 'cooperate closely with other sports event organisers'.

President Bach met with a group of young leaders to hear their ideas on how the IOC should empower young people. The 11 Young Ambassadors who included participants from the Youth Olympic Games, took part in a three day summit in Lausanne designed to give them

a platform to present their own social projects, thoughts and recommendations with the IOC and develop their leadership skills.

The IOC has launched an exclusive course focussing on athlete career transition which can be accessed via their Athlete Learning Gateway. 'Preparing for Future Success' offers advice on networking, time management, resume preparation and interview techniques.

The IOC approved its new Olympic Solidarity Plan for the 2017-2020 quad, with a new focus on supporting refugee athletes and athlete transition. The aim of Olympic Solidarity is to provide assistance for all NOCs, particularly those with the greatest needs, through a variety of world and continental programmes prioritising athlete development, training of coaches and sports administrators, and promoting the Olympic values. ●



# NEWS FROM THE WOA



**THE WORLD OLYMPIANS ASSOCIATION (WOA) REPRESENTS THE VIEWS AND INTERESTS OF 120,000 OLYMPIANS WORLDWIDE. OUR MISSION IS TO ASSIST YOU, AS OLYMPIANS AT ALL STAGES OF YOUR CAREERS WHILE ALSO ENCOURAGING YOU TO GIVE BACK TO SOCIETY THROUGH THE SPIRIT AND PRACTICE OF OLYMPISM.**

Established in 1996 by former IOC President Juan Antonio Samaranch, WOA members consist of 148 National Olympian Associations around the world. WOA leadership comprises an 18 member Executive Committee led by our President, Joël Bouzou (France, Modern Pentathlon) and our Patron, HSH Prince Albert II of Monaco. As a representative body, the Executive Committee is made up of Olympians from all five continents, including, Natalie Cook (representing Oceania) and James Tomkins (representing the IOC).

WOA: We understand being an Olympian doesn't begin and end in competition – you remain an Olympian for life. There are many

ways you can retain your connection with the Olympic Movement. Join your Olympians Club and take part in projects and initiatives, like Olympic Day that spreads the Olympic values and make a difference in your local community.

At every Olympic Games, we host an Olympian's Reunion Centre. Rio 2016 saw the most successful Olympians Reunion Centre yet, and we were very happy to welcome past and present Australian Olympians and their families and friends. We are currently planning activities for PyeongChang 2018 and Tokyo 2020 so keep an eye on our website and social media pages for updates.



## **As Olympians you can also take advantage of the following opportunities:**

- Get yourself noticed with an Olympian.org email.
- Create a profile on the Olympic Athletes' Hub. You can keep up to date with the latest Olympic news and find career opportunities in the 'Offers' section.
- Further your education with a free short course on the Athlete Learning Gateway.

## **You can keep in touch with the WOA via:**

[olympians.org](http://olympians.org)

[@WorldOlympians](https://twitter.com/WorldOlympians)

[f /WorldOlympiansAssociation](https://www.facebook.com/WorldOlympiansAssociation)

For any other queries about the WOA, contact Sarah van Ballekom:

[sarah.van\\_ballekom@thewoa.org](mailto:sarah.van_ballekom@thewoa.org)



# ATHLETE TRANSITION

*“Anytime that you get to see past, present and future Olympians in one room is really nice and reminds you of all the hard work you put in. I think that the Alumni and creating that culture with the AOC and the Olympians program is really important and programs like this only provide opportunities”*

Jenni Screen  
(Basketball - Beijing 2008 Silver,  
London 2012 Bronze Medallist)

Driven by the AOC’s Athlete’s Commission and a growing awareness around the challenges of athletes transitions, the AOC embarked on a new initiative to assist Australian Olympians with their transition from an athletic career to life after sport.

Our first initiative was delivered in 2016 with the Athlete Transition Workshops<sup>9</sup> in Melbourne, Sydney and Perth. These events were supported by the AIS and Institutes/Academies networks and offered information on health and wellness, as well as networking opportunities for Olympians with Team sponsors and corporate supporters in attendance.

Moving forward the AOC will work towards assisting Australian Olympians by establishing a mentor program and developing a network to help Olympians access cadetships, internships and job placement opportunities.

It’s important to recognise that services, communications and programs are not just for athletes retiring immediately, but for all Olympians considering life outside of sport.

If you are interested in any of these services or have any questions, concerns or ideas we would love to hear from you. Please contact Sarah Burston, AOC, Athlete Services:

T 02 9247 2000  
E [sarah.burston@olympics.com.au](mailto:sarah.burston@olympics.com.au)

## ADDITIONAL CONTACTS

### AOC Alumni

Visit the AOC Alumni’s website and stay informed regarding your fellow athletes.  
[corporate.olympics.com.au/soc/alumni/alumni-news](http://corporate.olympics.com.au/soc/alumni/alumni-news)

### IOC Olympic Hub

A digital home for Olympians and elite athletes to connect with fellow athletes, share health and training tips, access exclusive offers from the IOC and its partners and learn about job opportunities.  
[hub.olympics.org](http://hub.olympics.org)

### Crossing the Line Sport

Assisting athletes of all levels around the world by offering a space where they can share stories confidentially, receive advice from experts and information relevant to athlete retirement. Run by athletes for anyone who has chased a sporting or performance dream, no matter what level they attained.  
[crossingthelinesport.com](http://crossingthelinesport.com)

### rogenSi

Team sponsor, rogenSi is offering a FREE presentation course to assist in leadership, public speaking and media skills.  
[rogenSi.com/home-australia-nz](http://rogenSi.com/home-australia-nz)

## NATIONAL HELP LINES AND WEBSITES

**Lifeline** is a national charity providing all Australians experiencing a personal crisis with access to 24 hour crisis support and suicide prevention services.

T 13 11 14  
[lifeline.org.au](http://lifeline.org.au)



**beyondblue** provides information and support to help everyone in Australia achieve their best possible mental health, whatever their age and wherever they live.

T 1300 224 636 (available 24-7)  
[beyondblue.org.au](http://beyondblue.org.au)



**Headspace** is a free online and telephone service that supports young people aged 12–25 and their families going through a tough time.

T 1800 650 890  
[headspace.org.au](http://headspace.org.au)



◀ L to R: Lisa Calderone (Head of People & Culture, SWISSE), Rachel Wolfe (Human Resources, Mondelez), John Elliot (Managing Director, TOMS), Dale Berrie (Operational Risk Manager, Toyota).



## ALEXANDRA CROAK

Gymnastics - Artistic  
Sydney 2000  
Diving  
Beijing 2008

**When did you finish competing?** In May 2012.

**What do you cherish most about the experience of competing at the Olympic Games?**

I mostly cherish the experience I gained as a person. It taught me determination, resilience, perfectionism and gratitude.

**What is your current occupation and how did you arrive in the position you have today?**

I am an Occupational Therapist and studied at The University of Sydney while training and competing at an elite level. I achieved what I have to date based on years of hard work, great time management as well as best preparing myself for life after sport. I tried to make the transition from sport as smooth as possible.

**Do you think balance between study and training would be beneficial to the transition process? And is it possible with training obligations?**

Balancing study while training and competing is an asset to yourself and your future. This helps you establish a career to move into assisting the transition from sport. Having study helps you focus on something other than sport and setting goals has a positive effect on training and competition. It ensures a balance of sport and career which is actually very healthy.

**What was the hardest part of your transition?**

Initially when I transitioned from gymnastics, I felt I had lost my identity. So I made sure when I transitioned from diving to life after sport, I was aware of the importance of life outside of sport and I managed this very well while I was training and competing. That way, I could transition effectively and comfortably when the time came.



**What would be one piece of advice you would pass on to athletes considering retiring from sport?**

My advice might come too late for some, but I truly believe that having a life outside of sport and setting other goals is extremely important in the preparation for retirement from sport. You lose a huge part of yourself when you are no longer training or competing and you need something to replace that in order to move on. After I retired from gymnastics, I did not have this in place and I struggled with retirement, hence my decision to take up another sport. When I retired from diving, I made sure I was prepared for it by having a career in place.

**What is your career goal?** I have recently become self-employed contracting as an Occupational Therapist. I am wanting to eventually run my own practice.

## TRENT FRANKLIN

Water Polo  
Athens 2004, Beijing 2008

**When did you finish competing?** Beijing Olympics 2008.

**What do you cherish most about the experience of competing at the Olympic Games?**

Being part of the broader Australian Team and sharing the combined experience of competing on the biggest stage of sport. Taking on the best in the world is the experience that I think all athletes aspire to and that is something I will never forget.

**What is your current occupation and how did you arrive in the position you have today?**

Currently I run Enrizen Financial Group, which is a Financial Services, Accounting and Legal firm. I started the firm in 2006 in between the Athens and Beijing Games. I stepped out of a large corporate and built a team around me to grow the firm.

**Do you think a balance between study and training would be beneficial to the transition process? And is it possible with training obligations?**

Continually developing is key regardless of your interests. Focusing wholly on one thing is great for generating a short term result, however longevity of achievement requires balance. Sport requires significant physical demands that in turn require downtime and recovery. This downtime and even overseas travel time can be a great opportunity to develop some skills. These accumulated skills over the course of a sporting career can assist with a quicker transition into a professional career. The skills gained in sport can speed up both the transition and progress in a professional career but only if you have the foundation skills of the industry.

**What was the hardest part of your transition?**

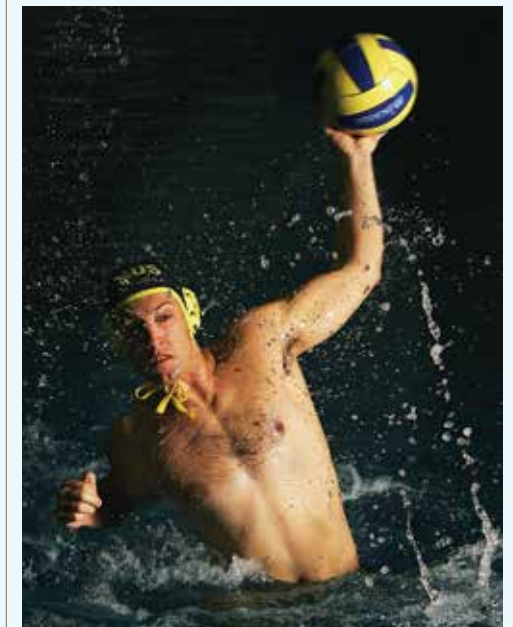
The change in identity from the perspective of those around you. Moving from being known as an athlete to what is next can be a challenge.

**What would be one piece of advice you would pass on to athletes considering retiring from sport?**

Understand your skills, look for a way to progress into a career and take those skills and competitive desire from sport and direct that into a career. Competition doesn't stop when you finish competing, it is a whole new one and if you embrace it, then you can start a new game in your professional career.

**What is your career goal?**

The further growth of Enrizen as a corporate advisory, investment, legal and accounting firm. We are currently 30 staff and have just opened an office in London which is a great opportunity.



## **KATYA CREMA**

*Ski Cross  
Vancouver 2010, Sochi 2014*



**When did you finish competing?** I officially retired from World Cup/Olympic competition 12 months after the 2014 Sochi Winter Olympic Games. I decided to train and race for another 12 months to make sure I was sure about my decision.

**What do you cherish most about the experience of competing at the Olympic Games?** The feelings of absolute reward I received when I achieved my goal (to make the top 8), competing in front of my family and friends, performing my best on a world stage under pressure and importantly, the incredible friends I met along the way from both Australia and overseas.

**What is your current occupation and how did you arrive in the position you have today?** I studied Architecture at the University of Melbourne while training and competing internationally on the Australian Ski Team. I was

lucky enough to travel for my sport from an early age, competing on the World Cup circuit, so I was exposed to a broad range of architecture in some of the world's most beautiful cities and alpine regions. I have always been passionate about good design and functional buildings. It was fantastic to have the theoretical background from Uni, and then the opportunity to contextualize this learning while travelling. Experiencing how people live across a range of cities became a source of curiosity and inspiration. After completing the Architecture undergraduate degree, I then went on to complete a Masters of Property to set myself up for a career in the Property Development industry. After three years' full time in the industry, I am now an Associate Director, Sales and Marketing Manager at Crema Constructions, a family owned construction and development company based in Melbourne.

**Do you think a balance between study and training would be beneficial to the transition process? And is it possible with training obligations?** I have always been a huge believer of balance between sporting pursuits and education and career. From an early age right through school and university, I never felt pressured to choose one or the other. Juggling both is possible if you're disciplined and put your mind to it. I honestly believe that pursuing sport and education inevitably allows you to perform at a higher level. Having a mental focus outside of sport kept me engaged for long periods of time while overseas (up to 6 months). It also provided the perfect opportunity to challenge myself mentally by studying something I was interested in outside of my sport. It has enormously helped my transition from sport.

**What was the hardest part of your transition?** The biggest challenge since retiring from elite sport is not having a clear focus. As an athlete your training is based around very clear and measurable short, medium and long term goals. Employment is very different. The world all of a sudden is a lot broader, and I have found it difficult to focus on a clear vision. Another difficulty was going from being an expert in my field as a professional athlete, to being an amateur in a new career. Although I had completed two degrees and over seven years at university, entering the workforce with limited practical experience was confronting. It is something that has improved with time and experience. Finally, I miss the intense competition of sport. This is something I try to find in other areas of life, such as mountain bike racing or road cycling, however the adrenaline you get from standing at the top of a World Cup ski cross course ready to race head to head against three other women for a spot in the finals is greatly missed.

**What would be one piece of advice you would pass on to athletes considering retiring from sport?** Weigh up the positives and negatives of continuing. It makes it easier to physically see on a piece of paper the reasons for stopping versus continuing. If the reason to continue is because you have nothing else to do, it's not a great reason.

**What is your career goal?** My career goal is to ultimately build a business that develops, builds and sells high quality homes to people who appreciate good design and sustainable architecture. Every day I am learning from experts in the industry; architects, engineers, builders. My aim is to ultimately be able to project manage the process from beginning to end, delivering the best possible product for our clients. I am also passionate about supporting and encouraging women in the property and construction industry. The industry is incredibly male dominated at present and I am working actively with various groups to see this improved. Finally, I am enthusiastic about staying actively involved in the sporting community.





## BRENT LIVERMORE OAM

Hockey  
Sydney 2000, Athens 2004, Beijing 2008



**When did you finish competing?** Internationally for the Kookaburras 2010, however I still play in the Brisbane Hockey League.

**What do you cherish most about the experience of competing at the Olympic Games?**

I cherish the life long journey of the Olympic Games, even though I have retired, the journey still continues. I also cherish the mateship and comradery of the Kookaburras and other Olympians.

**What is your current occupation and how did you arrive in the position you have today?** NSWIS Men's Hockey Head Coach/High Performance Coach. I was offered the position because of my Olympic experience. I also work as an Investment Consultant part time.

**Do you think a balance between study and training would be beneficial to the transition process? And is it possible with training obligations?** Balance in anything you do is critical. There are many opportunities, support and benefits of working hard on and off the

sporting arena. Balance is even more achievable with the current age of technology in terms of employment and university study. Initially there is no rush to have everything perfect, it takes time and you need patience. Ensure you have ambition, goals and a plan. Utilise your contacts, resources, sponsors, partnerships and professionals to guide you. This will assist a smooth transition.

**What was the hardest part of your transition?**

Letting go and accepting that it was time to leave the world stage as an athlete was initially difficult. Adjusting to a working environment where the company and employees may not share the same passion and motivation can be challenging. However, because of preparation and planning for life after sport, transition for me has been relatively seamless. Family support, love and siblings also made it easy for me to move onto the next chapter.



**What would be one piece of advice you would pass on to athletes considering retiring from sport?** For the younger athletes, it may sound cliché but don't leave any stone unturned! Ask yourself is there anything else I could have done – don't die wondering, this will assist your transition. For the older athlete, preparation is key. Ensure you have plans and strategies. Don't take your skills as a high performance athlete for granted and try to transfer these skills into your career. At the end of the day it is a new chapter and beginning, not the end.

**What is your career goal?** To continue to develop to my full potential while balancing my family life. Ultimately, one day I would love to assist athletes live their Olympic dreams by coaching a team that wins Olympic Gold. I have always had a passion to share, educate, mentor and provide leadership to individuals and teams. I enjoy the euphoric feeling when an athlete or team that I coach or mentor experiences success. As an investment consultant I am also driven by a passion to be successful. ●

# OLYMPIANS IN THE COMMUNITY

Have you helped out your community?  
Let us know @ [alumni@olympics.com.au](mailto:alumni@olympics.com.au)



## OLYMPIC DAY

Olympic Day is celebrated internationally on 23 June each year to recognise the Olympic movement. It is a day for the world to get active, learn about Olympic values and discover new sports. Based on the three pillars; move, learn and discover, National Olympic Committees are organising sports, cultural and educational activities throughout the world.

In Australia, Olympians are encouraged to visit schools to share their Olympic experience and discuss the positive impact of sport. In 2016 the AOC launched an Olympic Day Guide which provided schools with instructions on how to host an Olympic Day event. Students participated in sporting activities and were provided with information to develop their Olympic knowledge and appreciation of sport.

In 2016 athlete involvement increased substantially with more than 40 athletes visiting over 50 schools and communities around Australia. A very big thank you to those athletes who participated this year.

Some of these athletes include: Shane Rose (Equestrian – Beijing 2008), Stuart Tinney (Equestrian – Sydney 2000, Athens 2004), Jack McLoughlin (Swimming – Rio 2016), Kitty

Chiller (Modern Pentathlon – Sydney 2000, Chef de Mission – Rio 2016), Travis Mahoney (Swimming – Rio 2016), Jade Neilsen (Swimming – London 2012), Duncan Free (Rowing – Atlanta 1996, Sydney 2000, Athens 2004), Karyn Gojnick (Sailing – Athens 2004, Beijing 2008), Shelley Watts, Daniel Lewis and Jason Whateley (Boxing – Rio 2016), Hayder Shkara (Taekwondo – Rio 2016), Milly Tapper (Table Tennis – Rio 2016), Sarah Heard (Rowing – Beijing 2008), Jason Waterhouse and Lisa Darmanin (Sailing – Rio 2016), Heming Hu (Table Tennis – Rio 2016), Johnno Cotterill (Water polo – London 2012, Rio 2016), Jess Trengrove (Athletics – London 2012, Rio 2016), Sarah Ryan (Swimming – Atlanta 1996, Sydney 2000, Athens 2004), Lyn McKenzie (Swimming – Mexico City 1968), Blair Evans (Swimming – London 2012, Rio 2016), Belinda Stowell-Brett (Sailing – Sydney 2000, Athens 2004, London 2012), Kylie Wheeler (Athletics – Athens 2004, Beijing 2008), Travis Nederpelt (Swimming – Athens 2004, Beijing 2008) and Olivia Vivian (Gymnastics – London 2012).

Various events held nationally included the Victorian Pierre de Coubertin Awards. An Olympic Day event in Perth involving 400 students was organised by Hockey WA and Get Active Clinics.

## CHAMPIONS TO COUNTRY

In October, Rio Olympians, Maddison Keeney (Diving – Rio 2016 bronze medallist), Zoe Arancini (Water Polo – Rio 2016) and Ryan Bailie (Triathlon – Rio 2016) visited Western Australia regional towns. Travelling over 2,881 kilometres, they visited 26 schools and shared their Olympic journey with over 1,700 children. Inspiring the next generation, our athletes promoted the Olympic values of sportsmanship, pride, individual responsibility, respect and excellence.

## PIERRE DE COUBERTIN AWARDS 2016

The 2016 Pierre de Coubertin Awards were celebrated in each state with 306 students receiving the awards nationally. The day provides students with a behind the scenes insight into the International Olympic Committee and the Australian Olympic Committee. A highlight of the day was hearing from Olympic athletes. Some of these included George Ford (Water Polo – Rio 2016), Danielle Kettlewell (Synchronised Swimming – Rio 2016), Deborah Tsai (Synchronised Swimming – Rio 2016), Michelle Jenneke (Athletics – Rio 2016), Cameron Girdlestone (Rowing – Rio 2016), Stephanie

Magiros (Snowboard – Sochi 2014) and Lisa Darmanin (Sailing – Rio 2016). Thank you for sharing your Rio training and preparation tips.

## CHAT TO A CHAMP

The AOC's 'Chat to a Champ' program facilitates the opportunity for primary school students to chat with their Olympic heroes via web video conferencing. The 30 minute session gave students an insight into an athlete's life in the lead up to and during the Olympic Games.

During the 2016 Games 50 primary schools across the country had the opportunity to link with different athletes including five schools from remote Indigenous communities.

A group of 15 athletes participated in the program in Rio from the sports of diving, swimming, water polo, shooting, athletics, taekwondo, boxing, rugby sevens, triathlon and synchronized swimming. A big thanks to the athletes that participated live from the Rio Olympic Village including Shelley Watts, Anabelle Smith, Hannah Cross, Bianca Hammett, Rowie Webster, Kelsey Wakefield, Ed Jenkins, Shannon Parry, Bindy Hocking, Catherine Skinner, Jess Trengrove, Chelsea Jaensch, Aaron Royle, Ryan Bailie and Caroline Marton.



# OLYMPIANS IN THE COMMUNITY

## INDIGENOUS PARTNERSHIPS

In 2016 a number of Olympians participated in activities within Indigenous programs partnered with the AOC.

Rio Olympians Marianna Tolo and Brendon Reading helped inspire young indigenous students at the Cathy Freeman Foundation (CFF) week-long Horizons Camp in Canberra. Fifteen students from years 7 and 8 came together to explore the nation's capital — all travelling from remote communities in Queensland and the Northern Territory including Palm Island (QLD), Woorabinda (QLD), Wurrumiyanga (NT) and Galiwin'ku (NT). This was a life changing opportunity to explore post school education and employment pathways in an Australian metropolitan city.

Also, Nicola Zagame supported the Indigenous Marathon Foundation by joining the 2016 marathon squad in preparation for the New York City Marathon. Nicola shared her experiences as well as the challenges of being an elite athlete.

## MEET WITH A CHAMP

Senior students in Victoria enjoyed participating in the AOC's 'Meet with a Champ' program. To celebrate the 60<sup>th</sup> anniversary of the Melbourne 1956 Olympic Games students from all over Victoria were lucky enough to meet several of Australia's Olympians and share in the spirit of the Olympic movement.

Belinda Hocking (Swimming – Beijing 2008, London 2012, Rio 2016), Travis Mahoney (Swimming – Rio 2016) and Rhydian Cowley (Athletics – Rio 2016) all shared stories on life in the pool and on the track to over 100 Melbourne students.

Continuing to spread the Olympic spirit, Rhydian Cowley then joined fellow 2016 Rio Olympian Kotuku Ngawati and Olympic legend Steve Moneghetti at Ballarat High School.

A 'Meet with a Champ' session was also held in October at the University of Technology, Sydney. Four Rio Olympians including Shelley Watts, Sharni Williams, Lea Yanitsas and Hayder Shkara shared their Games journeys with students in a Q&A style discussion.

## SYDNEY MARDI GRAS

Olympians and Paralympians participated in the Sydney Mardi Gras held on 5 March 2016. This was the first time a float of Olympians and Paralympians was entered in this important event celebrating diversity and raising awareness of discrimination. Dual Olympian Daniel Kowalski (Swimming – Atlanta 1996, Sydney 2000) was overwhelmed with the enthusiastic participation by Olympians.

***"I am so thankful and appreciative of the Australian Olympic Committee and Australian Paralympic Committee for their support of this float. It's an honour to be a part of this movement".***

*Daniel Kowalski*

Have you helped out your community?  
Let us know @ [alumni@olympics.com.au](mailto:alumni@olympics.com.au)

## ERSKINEVILLE WALK AND ARTWORK

Erskineville Public School hosted an Olympic themed 'Walkathon' on Friday 20 May. Daniel Kowalski (Swimming – Atlanta 1996, Sydney 2000), Jessica Thornton (Athletics – Rio 2016) and Stephanie Magiros (Snowboarding – Sochi 2014) visited the school for a special assembly. They also participated in a Sydney to Rio walkathon in the school grounds. Students also created a piece of artwork embodying Olympic values. This artwork was displayed in the Athletes' Hub in the Rio Olympic Village.

The school was treated to another visit by Rio 2016 athletes. Tom Burton (Sailing – Rio 2016), Chloe Esposito (Modern Pentathlon – London 2012, Rio 2016), Cate Campbell (Swimming – Beijing 2008, London 2012, Rio 2016), Bronte Campbell (Swimming – London 2012, Rio 2016), Shannon Parry (Rugby Sevens – Rio 2016), Kim Brennan (Rowing – Beijing 2008, London 2012, Rio 2016), James McRae (Rowing – Beijing 2008, London 2012, Rio 2016) and Cameron Girdlestone (Rowing – Rio 2016). ●



# CLUB NEWS

## ACT

In support of the Rio-bound Australian Olympic Team, the ACT Olympic Council and its Appeal Committee undertook an unprecedented program of promotional and fundraising activities.

Led by Chairman Paul Powderly, the Appeal Committee enthusiastically conducted the CBR2RIO campaign that comprised a range of unique engagement initiatives involving the ACT sport, school and corporate communities. The program built momentum early in the year and culminated in a Gala Dinner that has been widely regarded as 'the' event of the year in the ACT.

On 25 June over 300 guests attended the Gala Dinner in the Grand Hyatt Ballroom, raising in excess of \$300,000 for the Team Appeal. This amount was generously supplemented by the ACT Government with a grant of \$100,000 for the Australian Olympic Team and an additional \$100,000 for the Australian Paralympic Team.

The evening was highlighted by the presence of a number of Olympic 'legends', including Shane Gould, James Tomkins, Kieren Perkins and Duncan Armstrong, as well as the entire Women's Olympic Basketball

squad. The entertainment was provided by Kasey Chambers and James Reyne.

In Rio, the athletes from the ACT again contributed significantly to the overall Australian results. Among many highlights was the performance of Kim Brennan, winning Gold in the Women's Single Sculls on Rodrigo de Freitas Lagoon. She was then selected as the Australian Flagbearer at the Closing Ceremony. Kim was subsequently awarded a Member of the Order of Australia (AM) for significant service to rowing and the Australian Olympic Movement. She was also named the Female Athlete of the Year in the 2016 ACT Sports Awards and the AIS 2016 Australian Sport Performance Awards.

Other notable performances included Patty Mills' exciting contribution to the men's basketball team that went so close to beating the USA, Lauren Wells' efforts on the track and Alicia Coutts' performances in the pool. Alicia later announced her retirement after attending three Olympic Games and winning five Olympic medals. We should also acknowledge Caroline Buchanan and her courage in adversity on the BMX track.

To cap off a busy year the Team, including a strong contingent of ACT-based support staff, was welcomed home to the nation's capital at the end of its national tour. Proudly wearing their green and gold tracksuits, the athletes attended the Last Post ceremony and laid a wreath at the Australian War Memorial before attending an event at the National Museum of Australia.

Finally, I would like to acknowledge the outgoing members of the ACTOC for their significant contributions over many Olympiads. Robin Poke, Bruce Coe, Owen Henness and Harry Carroll have advised that they won't seek re-election this year. On behalf of the ACT sporting community I thank them most sincerely for their dedication to the Olympic movement.

— Andrew Dee  
President

## QUEENSLAND

Everyone loves an Olympic year and 2016 was particularly exciting with the anticipation of the Rio Olympic Games. Queenslanders made up a quarter of the 2016 Australian Team. They have a long and successful history at Olympic Games and in 2016 they

continued this tradition. Each Queensland Olympian should be proud of the way they conducted themselves and their personal achievements.

Simon Newcombe (Rowing - 1964), had a recreational park named in his honour for his dedication to the sporting community and encouraging local children to keep active and participate in sport. Congratulations Simon - Changing lives for the better.



Jessica Schipper (Swimming - 2004, 2008, 2012) is one of Queensland's most humble Olympians. Jess volunteers to speak at schools and church groups. She is an Ambassador for the Caboolture branch of the Leukaemia Foundation. Thank you Jess for continuing to inspire today's youth.

In 2016 the Queensland Olympians Club organised a few reunions including a movie night which was the preview of

the Eddie the Eagle movie, an amazingly inspiring film. On the night of the Opening Ceremony of the 2016 Rio Olympic Games we had a very successful reunion held at the Queensland Cricketers Club, where we all thoroughly enjoyed reliving our Olympic memories especially when the Australians marched into the Olympic Stadium.

The Welcome Home parades for the Rio 2016 Team were held on the Sunshine Coast, Gold Coast and Brisbane. These events were well patronised by past athletes and local communities.

On 9 November the 2016 Queensland Olympians were presented with their official IOC Participation Pins at a reception held at Government House which was also a lovely reunion for the Queensland Olympians.

I would like to create a calendar of Olympic sporting events to be held in Queensland in 2017 to encourage you as Olympians, to attend. If you or your sport has an event in Queensland, please feel free to contact me and I will promote it. Please email [jmacswims@gmail.com](mailto:jmacswims@gmail.com)

Thanks for a great 2016 and congratulations to our 2016 Rio Olympians.

— Julie McDonald OAM  
(Swimming)

## NEW SOUTH WALES

Congratulations to the 2016 Rio Olympians who performed so admirably. For those athletes participating in their first Games, we welcome you to the Olympians Club.

An Olympians Club Dinner was held at a Brazilian Restaurant in Darling Harbour in celebration of those athletes about to compete in Rio. Warren Boyd (Swimming) who competed in the 1948 Olympic Games in London, joined with Olympians across all eras of Games, Winter and Summer, to experience a little taste of Rio.





# CLUB NEWS

With Brazilian cuisine, drummers and dancing girls, the night was a great tribute to the Rio Team and a wonderful reunion for the athletes.

Jo Carter (Figure Skating – 1998, 2006) was the lucky winner of the raffle – an overnight stay on a luxury yacht on Sydney Harbour, thanks to the generosity of Olympians' Club Committee Member Matt Hayes (Sailing – 1996).

A big thank you to the NSW Olympians Club Committee as well as the Ambassadors for their efforts throughout the year.

— *Peter Hadfield OAM*  
(Athletics)



## **VICTORIA**

This year's annual gala dinner held at the Crown Casino was attended by more than 720 guests including 200 Olympians. This was particularly significant as it marked the start of five days of celebration of the 60<sup>th</sup> anniversary of Melbourne 1956 Olympic Games. Dawn Fraser, Jon Henricks and John Devitt just to name a few, were joined by dedicated local supporters of the Olympians Club for many years Wendy Grant, Ian Browne and Tony Marchant. The Dinner was also an appropriate occasion to recognise the 54 Victorian athletes that participated in Rio by presenting them with their IOC Participation Pin.

The 60<sup>th</sup> anniversary celebrations continued on Monday at the Royal Melbourne Yacht Squadron, host venue for sailing in 1956. Olympians then visited the MCG, venue of the

1956 Olympic Games and finally attended a reception at Government House for the close of celebrations.

The Committee recognised those athletes who made their debut in Rio by inviting them to join this exclusive club, "Once an Olympian, Always an Olympian". As voted by all Australian Olympians, three awards were presented for the most outstanding performances in Rio — Male Athlete: Kyle Chalmers, Female Athlete: Chloe Esposito and the Team Sport award went to the Women's Rugby Sevens.



Congratulations to Belinda Hocking and Jennifer Clearly who were the recipients of the Olympians Club of Victoria Career Support Scholarship, which is presented after every Summer and Winter Olympic Games. The Scholarship aims to support the career development of Olympians ranging from study support to career internships. Funding for the scholarship is confirmed until 2020.

Finally, the Committee acknowledges former VOC President and dual gold medalist Nicholas Green OAM, who has been an integral part of the VOC Executive since 2001 and President since 2005. Nick has been a strong supporter of the Club and the Olympic Movement in Victoria. In this time, he was elected to the AOC Executive Board and Julius Patching Foundation Board. Nick has taken a leave of absence from his role as VOC President and we wish him the very best at this time, and thank him for his continued support to the Club.

Congratulations to all celebrating a milestone anniversary this year!

— *Leon Wiegard OAM*  
(Water Polo)



## **WESTERN AUSTRALIA**

Being an Olympic year, OCWA activities have focused on events related to the Rio Olympics, in conjunction with the WA Olympic Council. The Premier's Olympic dinner was held on 9 July at the Perth Convention and Exhibition Centre. It was a spectacular event attended by 100 Olympians to acknowledge and farewell members of the Australian Olympic Team heading to Rio while also raising significant funds to directly support the Team.

On the 6 August the OCWA held a breakfast at Lapa Brazilian BBQ Restaurant to celebrate the Rio Opening Ceremony. Fifty-two guests enjoyed the live telecast from Maracanã Stadium (Rio) while dining on a Brazilian-style breakfast with fellow Olympians, family and friends. As part of the National Welcome Home Tour, a private Welcome Home Reception was held on 4 September at Frasers State Reception Centre for our 2016 WA Olympians and the Australian Olympic Team medalists followed by a public reception in Forrest Place.

The Annual Christmas Lunch and AGM was held at the iconic Frasers Restaurant on 27 November, attended by 125 people, including 55 Olympians and 3 Paralympians, with representation from every summer Games since 1956.



# CLUB NEWS



Our Rio Olympians were also presented their IOC Pins and AOC Team Pockets. The Christmas raffle proceeds of \$1,130 were donated to Mission Australia's Perth Christmas Lunch in the Park for the disadvantaged.

Congratulations to swimming silver medallist Tamsin Cook who was awarded the Winter Strickland Medal, in recognition of the most outstanding performance by a WA Olympian at the Rio Games (voted by OCWA members).

The OCWA Outstanding Contribution Award recognises the contribution that individuals make to the fabric of the Olympic sporting community. Congratulations to Dr Ken Fitch, who has been continuously involved in Olympic Sports Medicine for over 40 years, attending 18 Olympic Games in a medical capacity between 1972 and 2012 including four as an official member of the Australian Olympic Team.

The OCWA will continue to look for opportunities to host functions in conjunction with local sporting events, Olympic anniversaries and the WA Olympic Council.

— Liane Tooth OAM  
(Hockey)

## TASMANIA

The Olympic spirit was well and truly alive in Tasmania in the Olympic year of 2016. There were a number of events held over the year that Tasmanian Olympians attended.

Olympians, Scott Bowden (Mountain Biking – 2016), bronze medallists Kerry Hore (Rowing – 2004, 2008, 2012, 2016) and Dana Faletic (Rowing – 2004, 2012) attended as guest speakers at the 19<sup>th</sup> Tasmanian Pierre de Coubertin Awards. It was an inspirational day for all 41 award recipients. The awards were organised by the Tasmanian Olympic Council and made possible by a generous grant from the Tasmanian Government with the continued support from the Australian Olympic Committee and the Tasmanian Institute of Sport.

In June the TOC held the Tasmanian Premier's Appeal Dinner to raise funds for the 2016 Australian Olympic Team. Over 20 Olympians and Paralympians attended with three hundred other guests. Special guest speakers were Chef de Mission and Sydney 2000 Olympian Kitty Chiller and Michelle Ford-Eriksson (Swimming – 1976, 1980). Other Olympians in attendance included Peter Attrill (Sailing – 1952), Father John Hayres

(Swimming – 1956), Shane Gould (5 x medallist, Swimming – 1972) and Anthony Edwards, Tasmanian Olympic Council President, five time Olympian and triple Olympic medallist.

In September the Tasmanian State Government along with the Hobart City Council held the Rio 2016 Welcome Home celebrations. The public event was held on Parliament Lawns and had fantastic crowd support for the 16 local and interstate Olympians that attended.

The Hon Elise Archer MP, Speaker of the House of Assembly and Liberal Member for Denison, welcomed the Olympians on behalf of the Tasmanian Premier. Hobart Lord Mayor, Alderman Sue Hickey introduced the Olympians on the parliament lawns who then spent over an hour signing autographs and enjoying selfies with the enthusiastic crowd.

Congratulations to all athletes in the 2016 Australian Olympic Team.

— Bethanie Kearney  
(Athletics)

## SOUTH AUSTRALIA

The South Australian Olympians Club has seen some changes in the past year and I was very honoured to be appointed President replacing Leon Gregory who has worked tirelessly during his tenure as President.

As well as myself, the other new committee members are Margie Barry (Chiropractor – 2004), Sally Hunter (Swimming – 2008, 2012) and Tory Toogood (Rowing – 1996).

The Olympic Games are the pinnacle of any athlete's career and since becoming president I was keen to organise something quite unique to reunite the Olympians of SA. On the morning of the Opening Ceremony of the Rio Olympic Games, we held a breakfast at the Adelaide Oval for 400 people including 70 Olympians. It was incredibly successful with many "new" faces of the SA Olympic family. To enhance the aesthetics, we had a display of many items from our Olympic history including Blazers from 1956-2012.

We held a very successful Christmas Cocktail Function at the Adelaide Rowing Club and are very grateful to Penny Halliday and committee members for co-ordinating a memorable catch-up.

The SA Olympic Council would like to congratulate Kirsty Withers on the birth of her second son, Edward and is now enjoying maternity leave. We would like to welcome Rose Senesi who will be the SA Olympic Council's Executive Director in Kirsty's absence.

The SA Olympians Club Annual Dinner will be held Saturday 20 May at the Adelaide Oval.

Tory Toogood represented the SA Olympians Club at the AOC AGM in 2016. She enjoyed the opportunity meeting and sharing ideas with representatives from other State Olympians Clubs. Given many Olympians have struggled with athlete transition, it was pleasing to learn of the resources directed to athlete transition.

We are all very much looking forward to the 2018 Winter Olympic Games to be held in PyeongChang, South Korea in February and the 2018 Commonwealth Games on the Gold Coast.

I am very honoured to be President of the SA Olympians Club and will, as president support and sustain Olympic pride. It's a unique Club to be a member. Forever an Olympian.

— Stuart O'Grady OAM  
President ●



# OLYMPIANS CONGRATULATIONS

## ENGAGEMENTS

**Louise Bawden** (Volleyball – Sydney 2000, Beach Volleyball, – London 2012, Rio 2016) on her engagement to Casey Grice in December 2015.

**Ramone Cooper** (Freestyle Skiing – Vancouver 2010) on his engagement to Sarah Burston in April 2016.

**Matthew Dellavedova** (Basketball – London 2012, Rio 2016) on his engagement to Anna Shroeder in September 2016.

**Russell Henshaw** (Freestyle Skiing – Sochi 2014) on his engagement to Laura Mechielsen in October 2016.

## MARRIAGES

**Sarah Cook** (Rowing – Beijing 2008, London 2012) on her marriage to Tobias Wehr-Chandler in September 2016.

**Jennifer Reilly** (Swimming – Sydney 2000, Athens 2004) on her marriage to Joel Batt on 9 October 2016.

**Alana Boyd** (Pole Vault – Beijing 2008, London 2012, Rio 2016) on her marriage to Ryan Quade on 24 September 2016.

**Jenny Owens** (Alpine Skiing – Salt Lake City 2002, Freestyle Skiing – Vancouver 2010, Sochi 2014) on her marriage to Matt Lyons on 27 February 2016.

**Dani Samuels** (Athletics – Beijing 2008, London 2012, Rio 2016) on her marriage to Joseph Stevens on 1 October 2016.

**Suzy Balough** (Shooting – Athens 2004, London 2012) on her marriage to Karl Corry on 28 October 2017.



## BIRTHS

**Bree Bryant** (Diving – Beijing 2008) and her husband Tim on the birth of their son Joshua Frank in February 2016.

**Mitch Allan** (Snowboard Halfpipe – Torino 2006) and his wife Sarah on the birth of their son Asher Reef in April 2016.

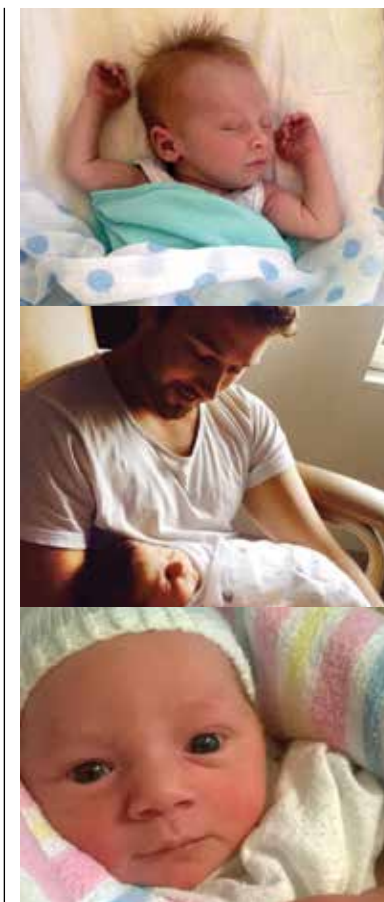
**Hannah Campbell-Pegg** (Luge – Torino 2006, Vancouver 2010) and her husband Mark on the birth of their son Kai in May 2016.

**Amy Hetzel** (Water Polo – Beijing 2008) and her husband David on the birth of their daughter Charlotte Elizabeth Valerie in January 2016.

**Mark Knowles** (Hockey – Athens 2004, Beijing 2008, London 2012, Rio 2016) and his wife Kelly on the birth of their daughter Frankie in June 2016.

**Joe Ingles** (Basketball – Beijing 2008, London 2012, Rio 2016) and his wife Renae on the birth of their twins Milla and Jacob in August 2016.

**Damian Martin** (Basketball – Rio 2016) and his wife Brittany on the birth of their daughter Maggie in September 2016. ●



# OLYMPIANS IN MEMORIAM



**FORBES CARLILE MBE**  
**3 JUN 1921 – 2 AUG 2016**

Born in Armadale, Victoria, Forbes was Australia's first Olympic modern pentathlon athlete (1952) and youngest Olympic coach (1948). He was the only person to have represented Australia at an Olympic Games, first as a coach and then as an athlete. He coached the Australian Swimming Team at the 1956 Olympic Games and in 1960 was the team's scientific advisor. In 1980 he was selected as Head Coach of the Australian Swimming Team but withdrew (due to the Russian invasion of Afghanistan).

Forbes was acknowledged for his pioneering work on elite athlete training methods and, together with his wife Ursula, and their assistant Tom Green, he produced many notable Olympians including Shane Gould, Karen Moras, Gail Neall, John Davies, Terry Gathercole, John Ryan and Ian O'Brien.

Throughout his career, Forbes coached 52 athletes from Australian Olympic, World Championship and Commonwealth Games' teams, winning 12 Olympic medals, including five individual gold medals and 31 individual world records.

Forbes established Australia's first commercial swimming school and pioneered a university swimming program. In 1977 Forbes was awarded an MBE and was inducted into the International Swimming Hall of Fame.



**NORMAN MAY AM**  
**14 FEB 1928 – 11 SEPT 2016**

The man who brought sport into Australian homes for over 50 years, the great radio and television broadcaster, Norman "Nugget" May is best remembered for his famous call "GOLD, GOLD, GOLD for Australia" during the men's

4x100m medley relay at the 1980 Moscow Olympic Games.

Born in Melbourne but raised in Sydney, at an early age he became an active member of surf lifesaving. In 1957, Norman was invited by his friend and ABC sports broadcaster Dick Healey, to join him as commentator of a surf lifesaving event. The following year he was employed by the ABC where he remained until 1984. Norman May worked as a commentator on eleven Olympic Games from Tokyo 1964 through to Athens 2004 when he officially retired. Norman received the Medal of the Order of Australia in 1983 and an Australian Sports Medal in 2000. In 2000, he was awarded an Olympic Order, and in 2003 he received an Australian Sports Commission Lifetime Achievement Award. Norman was inducted into the Sport Australia Hall of Fame in 2004 and appointed a Member of the Order of Australia in 2009. His 'GOLD, GOLD, GOLD for Australia 4x100m Men's Medley Relay' race call was added to the National Film and Sound Archive's 'Sounds of Australia' registry in 2010.

**ARTHUR TUNSTALL OBE**  
**22 FEB 1922 – 11 FEB 2016**

Arthur Tunstall was the Australian Team Boxing Manager at the 1960, 1968, 1976 and 1980 Olympic Games and a Boxing Technical Delegate at the 1988 Seoul, 1992 Barcelona and 1996 Atlanta Olympic Games. He was a Jury Member of the Boxing Program at the 1984 Los Angeles and Sydney 2000 Olympic Games. The AOC awarded Arthur Honorary Life Membership in 1990 and he attended numerous AOC Annual General Meetings in that capacity and as a delegate for the sport of Boxing. He was appointed Honorary Secretary/Treasurer of the Amateur Boxing Union of Australia in 1953 and served in that position for 46 years. In 2005 he was appointed a member of the Board. He was awarded an OBE for his service to sport (boxing) in 1979 and was

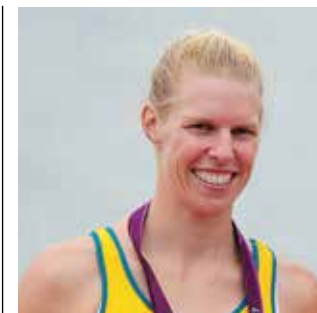


inducted into the Sport Australia Hall of Fame in 2005 as an administrator for his contribution to the Commonwealth Games Movement and Boxing. Arthur Tunstall passed away at the age of 93. In his last years, Arthur lived on the NSW South Coast with his son Robert.

**SARAH TAIT**  
**(ROWING – ATHENS**  
**2004, BEIJING 2008,**  
**LONDON 2012)**  
**3 JAN 1982 – 3 MAR 2016**

Sarah Tait was Australia's first rower to compete at an Olympic Games as a Mum and a medallist winning silver in London. She was a three-time Olympian, competing in the Women's Eight at the Athens 2004 and Beijing 2008 Olympic Games. Sarah won a silver medal with Kate Hornsey in the Women's Pair at the 2012 Olympic Games in London. She was a member of the Women's Eight which won the World Championships in 2005 and also won silver in the Pair at that same regatta.

Sarah was coached by her husband Bill in later years. Following the birth of their first child Leila, it was the first time an Australian rower had competed at an Olympic Games (London 2012) as a mother. Sarah retired from rowing in



March 2013 after the birth of her second child Luca and to focus on her health.

The beloved wife who earned the nickname "super-mum" at the 2012 Olympic Games has left behind both a towering legacy and a grief-stricken young family after finally losing her three-year battle with cancer.

Sarah was and will continue to be, an inspiration to many Australian rowers. She is dearly missed. ●



# REUNIONS AND EVENTS



## KAPYLA CLUB HELSINKI 1952

The 1952 Australian Olympic Team, the 'Kapyla Club', was formed after their first reunion in July 1953. The name of the Club was derived from the suburb in Helsinki where the Olympic Village was located. The Kapyla Club reunion was held on 1 July 2016 for the 64th consecutive year. This unique group of Olympians reunite annually, on the Friday nearest to the date of the 1952 Opening Ceremony where they share their much loved memories with their fellow team mates. The Kapyla Club is the only Olympic Team in the world that has held a reunion every year following their Olympic Games. The Olympians meet at

the Sydney Rowing Club and every year enjoy the tradition of beginning the lunch with a pickled herring washed down with the Scandinavian traditional spirit of Aquavit.

As well as Kapyla Club members, this year's reunion was joined by a number of 1956 Olympians who were also celebrating their significant 60th anniversary of the Melbourne 1956 Olympic Games.

It always proves to be an emotional day with plenty of laughs, lots of stories with trips down memory lane. Sadly, in 2016 they remembered the members who had passed since their reunion in July 2015 including, Judy Joy Davies and John Rodgers. The spirit and enthusiasm at this annual event never fades, while enjoying each other's company and reliving the memories. The Kapyla Club truly reflects the finest values of friendship and comradeship which represent core Olympism values.

## MELBOURNE 1956 OLYMPIC GAMES

The 60<sup>th</sup> anniversary of the Games was celebrated with a number of events held in and around Melbourne in November. There was a huge attendance at the Anniversary Dinner which was held in

conjunction with the Olympians Club of Victoria's Annual Dinner. There were 720 guests including 50 Olympians from the 1956 Games. The Governor of Victoria, Her Excellency the Hon Linda Dessau AM was invited as the special guest. Many Olympians travelled from overseas, interstate and country Victoria. There were also 1956 British Team members that travelled the long haul to Melbourne to reunite on this extraordinary occasion. ●



# COMMITTEES, CLUBS, CONTACTS

## AUSTRALIAN OLYMPIC COMMITTEE

Level 4, 140 George St  
Museum of Contemporary Art  
Sydney NSW 2000  
E: alumni@olympics.com.au  
E: aoc@olympics.com.au  
P: 02 9247 2000

## ACT OLYMPIANS CLUB President

**Marty Rabjohns**  
Rowing – Beijing 2008  
E: m.rabjohns@gmail.com

## NSW OLYMPIANS CLUB President

**Peter Hadfield**  
Athletics  
Moscow 1980, Los Angeles 1984

## Executive Committee

**Ian Brown**  
Sailing  
Montreal 1976, Los Angeles 1984

**Stephen Carr**  
Figure Skating  
Albertville 1992,  
Lillehammer 1994,  
Nagano 1998

**Jo Carter**  
Figure Skating  
Nagano 1998, Torino 2006

**Hannah Campbell-Pegg**  
Luge  
Torino 2006, Vancouver 2010

**Alexandra Croak**  
Gymnastics – Sydney 2000  
Diving – Beijing 2008

**Amy Hetzel**  
Water Polo – Beijing 2008

**Dean Lukin OAM**  
Weightlifting – Los Angeles 1984

**Warren Parr**  
Athletics – Montreal 1976

**Russell Phegan**  
Swimming – Tokyo 1964

**Jeremy Rolleston**  
Bobsleigh  
Torino 2006, Vancouver 2010

**Rick Timperi**  
Boxing  
Barcelona 1992, Atlanta 1996

**Mark Tonelli**  
Swimming  
Montreal 1976, Moscow 1980

**Barclay Wade**  
Rowing – Tokyo 1964  
E: peterhadfield@optusnet.com.au

## QLD OLYMPIANS CLUB

**President**  
**Julie McDonald OAM**  
Swimming  
Seoul 1988, Barcelona 1992

**Executive Committee**  
**Trevor Beckingham OAM**  
Treasurer

**Lisa Zoomers**  
Secretary

**Denise Boyd**  
Athletics  
Montreal 1976, Moscow 1980

**Angus Waddell**  
Swimming – Barcelona 1992

**Josh Jefferis**  
Gymnastics – London 2012

**Bruce Featherston**  
Swimming – Munich 1972

**Paul Gonzalez**  
Baseball  
Sydney 2000, Athens 2004

**Peter Phillips**  
Weightlifting – Munich 1972  
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## SA OLYMPIANS CLUB President

**Stuart O'Grady OAM**  
Cycling  
Barcelona 1992, Atlanta 1996,  
Sydney 2000, Athens 2004, Beijing  
2008, London 2012

## Executive Committee

**Leon Gregory**  
Basketball – Melbourne 1956

**Margaret Barry**  
Chiropractor  
Sydney 2000, Athens 2004

**Tory Toogood**  
Rowing – Atlanta 1996

**Glen Maguire**  
Doctor – Montreal 1976

**Colin Burdett**  
Basketball – Melbourne 1956

**Sally Hunter**  
Swimming  
Beijing 2008, London 2012

**John Heard**  
Basketball – 1964

**Phil Rogers**  
Swimming – Barcelona 1992  
Atlanta 1996, Sydney 2000  
E: stueyog@bigpond.net.au,  
olympiansclub.sa@olympics.com.au  
P: 08 8457 1496

## TAS OLYMPIANS CLUB President

**Bethanie Kearney**  
Athletics – Montreal 1976

# COMMITTEES, CLUBS, CONTACTS

## Executive Committee

### Anthony Edwards

Rowing – Atlanta 1996,  
Sydney 2000, Athens 2004,  
Beijing 2008, London 2012

E: bethanie.earney@education.  
tas.gov.au

## VIC OLYMPIANS CLUB

### President

#### Leon Wiegard

Water polo  
Tokyo 1964, Munich 1972

## Executive Committee

### Peter Doak OAM Treasurer

Swimming – Tokyo 1964

### Warwick Waters

Secretary

### Maria Cabeliza

Project Manager

### Adrian Costa

Freestyle Skiing

Albertville 1992, Lillehammer 1994,  
Nagano 1998, Salt Lake City 2002

### David Culbert

Athletics

Seoul 1988, Barcelona 1992

## Margot Foster AM

Rowing – Los Angeles 1984

## Mark Turnbull OAM

Sailing – Sydney 2000

## Mike McKay OAM

Rowing

Seoul 1988, Barcelona 1992,  
Atlanta 1996, Sydney 2000,  
Athens 2004

## Shirley Harris

Administration

Moscow 1980, Los Angeles 1984,  
Seoul 1988, Barcelona 1992

## Stephanie Moorhouse

Gymnastics – Athens 2004

## Stuart Carruthers

Hockey – Atlanta 1996

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## WA OLYMPIANS CLUB

### President

#### Liane Tooth

Hockey

Los Angeles 1984, Seoul 1988,  
Barcelona 1992, Atlanta 1996

## Executive Committee

### Danielle Woodhouse

Secretary

Water Polo – Sydney 2000

## Shane Tonkin

Treasurer

Baseball – Atlanta 1996

## Natalie Bale

Rowing – Beijing 2008

## Stephen Bird

Canoe / Kayak

London 2012, Rio 2016

## Ben Cureton

Rowing

Athens 2004, Beijing 2008,  
London 2012

## Jesse Phillips

Canoe / Kayak

London 2012

## Allana Slater

Gymnastics

Sydney 2000, Athens 2004

## Amie Thompson

Synchronised Swimming –

Rio 2016

E: lisa.lilleyman@olympics.com.au

P: 08 6168 9185

## AUSTRALIAN OLYMPIANS ALUMNI

The AOC is delighted to continue the expansion of the Australian Olympians Alumni network.

The Alumni is for all Australian Olympians to connect and catch up. Here's how:

## CONNECT ON LINKEDIN

The Australian Olympians LinkedIn page is a closed group, dedicated to you. Share contacts, information to Information, views, stories, whatever you wish. LinkedIn is a great forum to promote your own Olympic events via

the group. Please visit the Australian Olympians web page for details on how to join.

## INFO

For all current news and upcoming events, refer to: [olympics.com.au/alumni](http://olympics.com.au/alumni)

If we have overlooked anything incorrectly published in this magazine, please accept our sincerest apologies and do not hesitate to contact the Australian Olympic Committee.

## UPDATES

A monthly e-newsletter will be distributed to share the details of upcoming events around the country, news and other important information (if you are not online, you will continue to receive an abridged quarterly publication in the mail).

## THE ANNUAL

Each year, this Australian Olympians Annual Magazine will be distributed. The publication will be a review of the year past and a preview of what is to come.

## EVENTS

The Alumni is for all Australian Olympians. If you have an event

you would like to promote, you can do so via LinkedIn or contact the AOC to include in the regular e-newsletters.

## CONTACT

If you wish to arrange an event or find a Team mate, feel free to call the AOC Athlete Services on (02) 9247 2000 or email [alumni@olympics.com.au](mailto:alumni@olympics.com.au)

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# Rio 2016



1. CHN	WANG Z	1:19:14	Men's 20km Race Walk
7. JPN	HIRESAWA D	1:20:22	1:19:14
8. ITA	GIAPPONE M	1:20:27	1:20:33 FINISH







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