## Important Athlete Advisory: Methylhexaneamine

The Australian Sports Anti-Doping Authority (ASADA) is advising all Australian athletes subject to in-competition doping control to carefully consider their use of supplements and products containing **methylhexaneamine**.

## What is methylhexaneamine?

This substance is classed as an S6 stimulant on the Prohibited List and is prohibited in-competition.

Bans involving this substance can range up to two-years.

## Recent developments

Over the past two years, there has been increasing evidence that methylhexaneamine is present in supplements and other products.

This year methylhexaneamine has been the subject of a number of reported doping cases involving Indian and Nigerian athletes, as well as a US swimmer receiving a suspension.

Last year Jamaican athletes Yohan Blake, Marvin Anderson, Allodin Fothergill and Lansford Spence were suspended for three-months after each returned positive tests for methylhexaneamine from samples taken during the Jamaica National Track and Field Championships.

ASADA is also investigating a number of positive test results to methylhexaneamine by Australian athletes.

## What you need to do

Athletes need to be aware that, under the policy of strict liability, they are responsible for any substance found in their body. Athletes using supplements do so at their own risk and, because of supplement manufacturing processes can lead to their contents varying from batch to batch, ASADA can not advise if supplements contain prohibited substances.

Athletes need to be very careful not to use any supplement or product that contains any of the following identifiers on the label:

Identifiers		
Methylhexaneamine	Forthan	2-hexanamine, 4-methyl-
Methylhexanamine	Floradrene	2-hexanamine, 4-methyl- (9CI)
DMAA	4-methyl-2-hexanamine	1,3-dimethylamylamine
Geranamine	4-Methylhexan-2-amine	1,3-dimethylpentylamine
Forthane	2-amino-4-methylhexane	Pentylamine, 1, 3-dimethyl-

Further information regarding substances and supplements can be found at http://www.asada.gov.au/

22 October 2010

