



Sport can reflect human endeavour and human spirit at its best. For sport to be inspirational, sportsmen and women need to respect a set of values.



ttitude – My positive attitude is essential in overcoming obstacles to help me improve and give of my best. My positive attitude is a key ingredient to success and leadership.

- **portsmanship** I recognise that sport is greater than the individual; that cheating reduces the stature of sport and all who love it; that class, race and creed are never factors in the attitude of true sports people and those who respect the virtues and values of sport.
- **ride** Pride drives me when the temptation is to settle for something less. I am proud to have been chosen to represent our country.
- **ndividual responsibility** I alone am responsible for my performance but I will be generous in acknowledging the support of others.
- **espect** I respect sport, the efforts of my competitors, my team mates and officials. I respect Australia and its indigenous heritage. I respect our nation's Olympic past and the spirit of Olympism.
- **xpress yourself** I have an opinion and will express my view with thought and consideration to others. In showing my emotions I do so with individuality and, where possible, good humour and humility.

Together we aspire to achieve our highest level of performance and conduct thus providing the finest expression of Olympism.