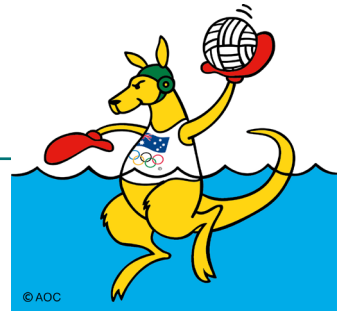


Education Ambassador



Nicola Zagame

Nicola Zagame made her debut for Australia in the 2009 FINA World League. She competed at the 2010 World Cup and was key to Australia knocking off Russia in the semi finals, scoring 3 goals in the 11-10 victory, before Australia went on to claim silver. Zagame won bronze at the 2011 World League Finals, before starring at the 2012 Pan Pacific Championships where Australia went through undefeated to claim the gold. Zagame scored two goals at the London Test Event to help Australia to a 6-5 victory over their American rivals.

Zagame's strong form in front of goal was rewarded with selection in the Australian squad for the London 2012 Games where she made her Olympic debut. After topping their group in the preliminary round the Australians played extra time games in the quarter-final, semi-final and bronze medal decider. They defeated China in a penalty shoot-out before falling to their American rivals in the semi 11-9. In the bronze medal showdown Hungary scored in the final second to force an extra period. The Australians remained composed and scored the only two goals in added time to take home the bronze medal, 13-11.



Age: 24

Sport: Water Polo

Games competed in: 1- London 2012

Medals won: 1x Bronze

Where do you live: Cronulla

Home town: Sutherland Shire

What sports did you compete in at school?: Swimming, Cross Country, Athletics, Soccer, Indoor Soccer, Basketball

Are you training for RIO 2016?: Yes

What is a typical training day?: either gym or 2 hours in the pool in the morning, Work during the day. Then a 1.5 hour pool session at night time.

What is your earliest memory of the Olympic Games?: I remember watching the opening ceremony of the Sydney 2000 Olympics on TV and having my eyes glued to the TV

Favourite non-sporting past time: Spending beautiful summer days at the beach with friends

What is your favourite food?: Froyo

What is your favourite memory from school?: Just playing with friends at Lunch time

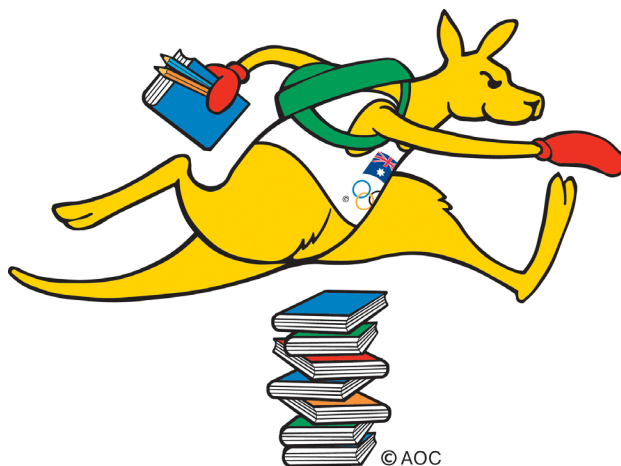
We are so lucky to live in such an amazing country where we have unbelievable opportunities.. if you have a dream go for it, we are all here supporting you!

Follow Nicola on Social Media:

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