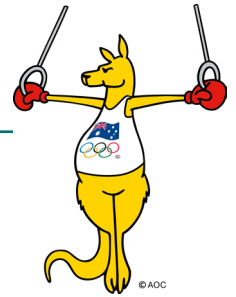




Education Ambassador



Olivia Vivian

Olivia Vivian was 19-years-old when she made her Olympic debut as part of the women's artistic gymnastics team at the Beijing 2008 Games. Vivian was part of the successful team that finished sixth overall, with her best individual performance being 20th on the uneven bars. Vivian competed at the 2005 and 2006 World Championships. In 2005 she gained a 13th place on the uneven bars and in 2006 she placed 12th on uneven bars and sixth in the team component.

Age: 25

Sport: Gymnastics

Games competed in: 2008 Beijing Olympics.

Where do you live: Perth, Western Australia.

Home town: Cottesloe



What sports did you compete in at school?: Everything. Basketball, Soccer, Cricket, Swimming, Athletics, Hockey.

Are you training for RIO 2016?: Yes.

What was/is a typical training day?: Training from 7-9Am and again from 3-6PM. 10-12 sessions a week including weights and rehab.

What is your earliest memory of the Olympic Games?: Watching the 2000 Sydney Olympics inspired me to become an Olympian, plus seeing the rings in our gym everyday reminded me of my dream!

Favourite non-sporting past time: Going fishing with my Dad and brother was one of my favourite things to do, plus I've always had a job and I enjoy working and socializing with other people outside of the gym.

What is your favourite food?: Tough question!! Too many to choose from but I will say Sushi!

What is your favourite memory from school?: Playing the scarecrow roll in our year 7 production of 'The Wizard of Oz!'

NEVER underestimate the power of self belief and hard work. If I had listened to all the people who told me I couldn't do something or achieve my goals, I wouldn't be where I am today! Follow your heart and do what makes you happy

Social Media:

Twitter? @oliviavivian

Instagram? @oliviavivian

Facebook? Olivia Vivian- Athlete