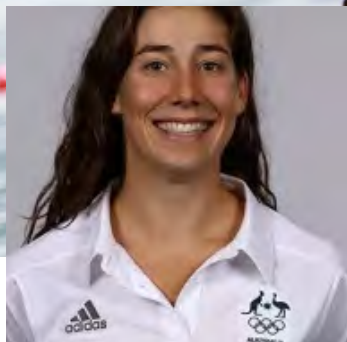




Official Home of the 2016 Australian Olympic Team



Fiona Albert

Athlete Biography

Training for a marathon with teammate Lucy Stephan, Fiona Albert got the call up for the Rio 2016 Games where she will make her Olympic debut in the women's eight.

When she started watching rowing for the first time at the 2004 Athens Olympics, she decided to give it a go.

In 2012 she won a silver medal with the women's coxless four at the U23 World Championships in Trakai, Lithuania.

She began rowing in the eight in 2016, having been the women's sculling reserve for the Australian Rowing Team in previous years. In 2016, she was a part of the crew that finished third at the Final Olympic Qualification Regatta as they just missed a Rio 2016 spot. The boat was a late call up to the Games after Russia was removed from the competition.

Albert has just completed a dual degree of Arts and Laws at the University of Queensland and is also into ultra-marathons.

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Rowing

Fast Facts

Sport Rowing

Status Selected

Nickname Fi, Fizz**Age** 25**Born** Pittsburgh, United States**Lives** Brisbane, QLD, Australia

Olympic Information

- Rio will be Olympic debut.
- 2009 AYOF Sydney - 2nd (Women's coxless four), 2nd (Women's coxed eight)

Career Highlights

- Getting the chance to rowing at the Rio 2016 Olympic Games.

Education

- **Primary** George Street Normal School (New Zealand)
- **Secondary** Brisbane Girls Grammar School (QLD, Australia); Saint Hilda's Collegiate School (New Zealand)
- **Tertiary** Bachelor of Arts/Bachelor of Laws - University of Queensland (2008-2014)

Training

- **Club** Mercantile Rowing Club. Melbourne, Victoria, Australia
- **Institute/Academy** Victorian Institute of Sport
- **Primary Training Base** Melbourne, Australia



Official Home of the 2016 Australian Olympic Team



Olympia Aldersey

Athlete Biography

Born during the Opening Ceremony of the 1992 Barcelona Olympic Games, her parents named her Olympia and at age 15 she took up rowing in the hope that the sport would see her achieve her Olympic dreams. In Rio she will do exactly that in the women's eight.

Aldersey competed at the 2010 Singapore Youth Olympic Games where she won silver with Emma Basher in the women's pair. Also in 2010 she took bronze at the Junior World Championships in the women's four.

Two years later, Aldersey was crowned as an U23 World Champion in the women's quad sculls before she secured podium finishes at all three World Cups in 2013.

In 2014, she joined with veteran Sally Kehoe in the double sculls. In the semi-final of the 2014 World Championships, Aldersey and Kehoe posted the world's fastest time in the double sculls - 06:37.310. They went on to place third in the final and take home the bronze medal.

She competed in the Final Olympic Qualification Regatta in the women's eight as the stroke as the team just missed out on Rio 2016 qualification. They were a late call up to Rio 2016 following the removal of the Russian team from the Games. Aldersey had been training at the AIS European Training Centre as one of the Women's Sculling reserves.

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Rowing

Fast Facts

Sport Rowing

Nickname Oly

Weight 75

Born Rose Park, SA, Australia

Status Selected

Height 183

Age 24

Lives Hyde Park, SA, Australia

Recent Performances

- 3rd - Final Olympic Qualification Regatta (Lucerne, Switzerland)

Training

- **Primary Training Base** Melbourne, Australia

Q&A

Favourite food Yoghurt (chobani)

Favourite holiday destination Anywhere where I can have an adventure

Favourite music The Killers

Dream car E-type Jaguar

Star Sign Leo

I would spend my last \$10 on Food

If I could try another Olympic sport it would be Beach Volleyball

Most Inspiring Olympic Performance? Cathy Freeman 2000 Sydney gold

First Olympic Memory? 2000 Opening Ceremony (Nikki Webster hanging in the middle of the stadium, I imagined it was me)

Most Influential person in your career/life my dad



Official Home of the 2016 Australian Olympic Team



Sarah Banting

Athlete Biography

Sarah Banting is off to her debut Olympic Games in Rio as the cox of the women's eight.

She represented Australia in both the Women's Eight at the World Rowing U23 Championships in 2013 and 2014.

In 2013 she coxed the men's University of Melbourne eight crew to victory and also saw success with the women's university crew.

She was a part of the crew that finished eighth at the 2015 World Championships and then third at the Final Olympic Qualification Regatta where they just missed a Rio 2016 spot. The boat was a late call up to the Games after Russia was removed from the competition.

Banting has aspirations of becoming a doctor having completed a Biomedicine degree.

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Rowing

Fast Facts

Sport Rowing

Height 165

Age 22

Lives Kew, VIC, Australia

Status Selected

Weight 50

Born Fitzroy, VIC, Australia

Recent Performances

- 3rd - Final Olympic Qualification Regatta (Lucerne, Switzerland)
- 8th - 2015 World Championships (Aiguebelette, France)

Training

- **Club** Mercantile Rowing Club, Melbourne, VIC
- **Institute/Academy** Victorian Institute of Sport
- **Primary Training Base** Melbourne, Australia



Official Home of the 2016 Australian Olympic Team



Alexander Belonogoff

Athlete Biography

Alexander 'Sasha' Belonogoff secured his Olympic debut after winning the men's quadruple sculls at Rowing World Cup 2, the final Olympic Qualification Regatta in Lucerne, Switzerland. Along with teammates Karsten Forsterling, Cameron Girdlestone and James McRae, the Australians overtook Great Britain at the 1500m mark and held onto their lead through the sprint finish to claim gold.

The Queenslander grew up in Rockhampton, however he defected allegiance to NSW for rowing. He represents NSW in interstate competitions and rows out of Sydney University Boat Club, where he studies a Bachelor of Applied Science majoring in Exercise and Sports Science.

Belonogoff rowed into the international spotlight when he won a bronze medal in the double scull at the 2008 Junior World Championships. He went on to win two bronze medals in the quad sculls at the 2009 and 2012 U23 World Championships.

Belonogoff made his senior A team debut in 2013 at World Cup 1 in Sydney where he won bronze in the double sculls. In 2014, Belonogoff won three medals from three World Cup appearances and also claimed bronze at the World Championships in Amsterdam.

He comes from a big Russian family and his Grandma still lives in a Russian community up in Queensland. He is an avid fisherman and likes to intimidate his opponents before a race with a serious pair of sunglasses so competitors cannot read his expressions.

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Rowing

Fast Facts

Sport Rowing

Event/s Quadruple Scull Men

Height 187

Age 26

Lives Rockhampton, QLD, Australia

Status Selected

Nickname Sasha

Weight 90

Born Moura, QLD, Australia

Olympic Information

- Rio 2016 will be Olympic debut

Recent Performances

- 1st – (M4x) 2016 World Rowing Cup 2 (Lucerne, Switzerland)
- 5th – (M2x) 2015 Rowing World Championships (Aiguebelette, France)
- 3rd – (M2x) 2015 World Rowing Cup 3 (Lucerne, Switzerland)
- 3rd – (M2x) 2015 World Rowing Cup 2 (Varese, Italy)
- 3rd – (M2x) 2014 Rowing World Championships (Amsterdam, Netherlands)

Career Highlights

- Bronze Medal at the Under 23 Rowing World Championships, 2009.

Education

- **Primary** Moura State Primary School (QLD, Australia)
- **Secondary** The Rockhampton Grammar School (QLD, Australia)
- **Tertiary** Bachelor of Applied Science (Exercise and Sport Science) - The University of Sydney [2010 - Present]

Training

- **Coach** Mark Prater (2009 - current)
- **Primary Training Base** Sydney, Australia

Q&A

Favourite food Steak and chips.

Favourite holiday destination Whitsunday Islands.

Favourite music Bob Dylan.

Dream car Landcruiser 70 Series.

Personal Motto A man is a success if he gets up in the morning and gets to bed at night, and in between he does what he wants to do.

Star Sign Aries

If I could try another Olympic sport it would be Triathlon



Official Home of the 2016 Australian Olympic Team



Josh Booth

Athlete Biography

Joshua Booth will make his second Olympic Games appearance at Rio, making a late move from the men's eight into the coxless four.

The Victorian made his senior international debut in 2010 in the men's four alongside Fergus Pragnell, Bryn Coudraye and John Linke, whilst also competing in the U/23 World Championships in the men's eight.

In March 2012, Josh Booth was named in the men's eight crew that would go on to earn Olympic nomination for the London Games and finish sixth overall in the final.

Booth, who also studies medicine, has competed at two World Championship campaigns, finishing 7th in the four in 2010 and 4th in the eight in 2011.

Booth appeared in World Rowing Cup 1 in both 2013 and 2014 but medical studies took over which meant he was unable to trial for future teams. The 25-year-old decided to put his medical studies on hold for two years, which provided to be a fantastic decision as he is selected in his second Olympic Team.

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Rowing

Fast Facts

Sport Rowing
Event/s Four Men
Weight 93
Born Melbourne, VIC, Australia

Status Selected
Height 190
Age 25
Lives Melbourne, VIC, Australia

Associated Olympians



Sally Kehoe



Spencer Turrin



Jessica Morrison



Jessica Hall

MORE >

Career Highlights

- Competing in the men's four at the 2010 World Championships in New Zealand

Education

- **Primary** Deepdene Primary School (VIC, Australia)
- **Secondary** Scotch College (VIC, Australia)
- **Tertiary** Bachelor of Science, University of Melbourne (2009 - current)

Training

- **Coach** Chris O'Brien (2010 - current)
- **Primary Training Base** Melbourne, Australia
- **Secondary Training Base** Canberra, Australia

Q&A

Favourite food ALL!

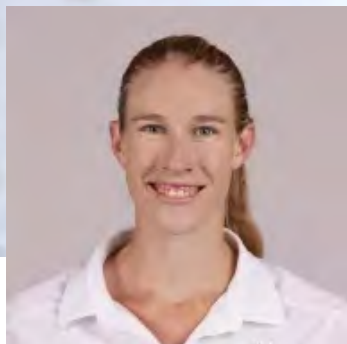
Favourite holiday destination Paris, France

Dream car Mercedes Benz 1954 SL300 Gullwing

Star Sign Libra



Official Home of the 2016 Australian Olympic Team



Kim Brennan

Athlete Biography

Kim Brennan will be looking to add Olympic gold to her collection, as she makes her third Games appearance at Rio, rowing in the women's single sculls. A stellar 2015 season has put the Victorian in a strong position heading into the South American Games after she claimed her second single sculls World Championship title (the first being in 2014) and gold at both Rowing World Cups II & III.

A promising athlete, Brennan finished second to fellow Olympian Jana Pittman in the 400m hurdles at the Australian Athletics Championship, but before injury forced the Victorian to give up on Olympic Athletics aspirations. Through the Victorian Institute of Sport Talen Transfer program, Brennan took up rowing in 2005 and hasn't looked back since.

In 2007, Brennan joined Sarah Cook in the women's pair and the two showed great potential claiming gold and bronze medals at the 2007 World Cups and finished a respectable fourth at the World Championships. They were selected in the women's pair at the Beijing Olympic Games and placed 10th.

At the London Games, Brennan made history when she competed in two separate Rowing events at the one Olympics. Partnered with Brooke Pratley, the duo brought home a silver medal in the women's double sculls, before Brennan went on to claim a bronze in the single sculls. On top of a successful Olympic campaign, London 2012 was also where Brennan met her future husband, 2008 gold medallist, Scott Brennan

Off the water, Brennan chairs the Australia Olympic Committee's Athletes' Commission and is a practising lawyer. Brennan's father, Max Crow, played over 200 AFL/VFL Games for Essendon, St Kilda, and Footscray.

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Rowing

Fast Facts

Sport Rowing

Event/s Single Scull Women

Height 188

Age 30

Lives Canberra, ACT, Australia

Status Selected

Nickname Kimmy

Weight 74

Born Melbourne, VIC, Australia

Olympic Information

- 2012 London- 2nd (double sculls); 3rd (single sculls) 2008 Beijing- 10th (pair)

Recent Performances

- 1st – (W1x) 2015 World Rowing Championships (Aiguebelette, France)
- 1st - (W1x) 2015 World Rowing Cup III (Lucerne, Switzerland)
- 1st - (W1x) 2015 World Rowing Cup II (Varese, Italy)
- 2nd - (W1x) 2014 World Rowing Championships (Amsterdam, Netherlands)
- 2nd (W1x) 2014 Lucerne World Cup (Lucerne, Switzerland)

Career Highlights

- Silver and bronze medals at 2012 Olympics
- World Champion, single sculls, 2013 and 2015
- Silver medal, 400m hurdles, World Youth Championships 2001

Education

- **Primary** Templestowe Heights Primary School (VIC, Australia)
- **Secondary** Ruyton Girls' School (VIC, Australia)
- **Tertiary** Bachelor of Media and Communications/ Bachelor of Laws (Honours)- University of Melbourne 2004-2012; Graduate Diploma of Legal Practice- Australian National University 2010

Training

- **Coach** Lyall McCarthy 2006-current
- **Club** Melbourne University Boat Club, Victoria, Australia
- **Institute/Academy** NTC- Canberra
- **Primary Training Base** Reinhold Batschi National Training Centre, Canberra
- **Secondary Training Base** AIS European Training Centre, Gavirate

Q&A

Favourite food Pancakes

Favourite holiday destination Bicheno, Tasmania

Favourite music 80s rock

Dream car Volkswagen Amarok

Personal Motto Be the best I can be- as an athlete, wife, daughter, friend and employee.

Star Sign Leo

I would spend my last \$10 on A muffin and coffee

If I could try another Olympic sport it would be Handball

Most Inspiring Olympic Performance? Scott Brennan and David Crawshay winning gold, Beijing 2008; Cathy Freeman 2000

First Olympic Memory? The flame being lit in Barcelona

Most Influential person in your career/life Husband Scott Brennan; Parents Sue and Max Crow

Why this sport? The joy of being out on the water and the wonderful community



Official Home of the 2016 Australian Olympic Team



Jennifer Cleary

Athlete Biography

Geelong-born Jennifer Cleary will be making her Olympic debut at the 2016 Rio Olympic Games, competing in the Women's Quadruple Sculls. Named alongside Kerry Hore, Madeleine Edmunds and Jessica Hall, the Victorian athlete has been part of this crew set up since 2013.

Having grown up around rowing, both her parents take a keen interest in the sport, Cleary first stepped in a boat in 2005 and made her international racing debut in 2013 at World Rowing Cup 1 in the Women's Double Sculls.

Cleary's breakout year came in 2014 when she competed in the Women's Quadruple Sculls at World Rowing Cup 1 in Sydney and snapped up a gold medal alongside her crew mates.

Having completed a degree in Neuroscience at Melbourne University at the end of 2015, Cleary has recently sat the Graduate Medical School Admissions Test as she is hoping, in 2017, to begin a medical degree. The 23-year-old will find out just before the Games if she has been successful in her exams and progression to medical school.

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Rowing

Fast Facts

Sport Rowing

Event/s Quadruple Scull Women

Status Selected

Nickname Jen

Height 175**Age** 23**Lives** Manifold Heights, VIC, Australia**Weight** 71**Born** Geelong, VIC, Australia

Olympic Information

- Rio 2016 will be Olympic debut

Recent Performances

- 5th – (W4x) 2016 World Rowing Cup 2 (Lucerne, Switzerland)
- 5th – (W4x) 2015 World Rowing Championships (Aiguebelette, France)
- 2nd – (W4x) 2015 World Rowing Cup 3 (Lucerne, Switzerland)
- 5th – (W4x) 2015 World Rowing Cup 2 (Varese, Italy)
- 4th – (W4x) 2014 World Rowing Championships (Amsterdam, Netherlands)

Career Highlights

- Gold at 2014 World Rowing Cup 1 In Penrith, Sydney in W4X
- 4th at 2014 World Rowing Championship in Amsterdam, Netherlands in W4X
- Silver at 2015 World Rowing Cup 2 in Lucerne, Switzerland in W4X

Education

- **Primary** Manifold Heights Primary School (VIC, Australia)
- **Secondary** The Geelong College (VIC, Australia)
- **Tertiary** Bachelor of Science - University of Melbourne (2012-2015)

Training

- **Coach** Toom Westgarth (2013-current), Bill Tail (2014- current), Mark Fangen-Hall and David Colvin (2012-2013)
- **Club** Mercantile Rowing Club
- **Institute/Academy** Victorian Institute of Sport (VIS)
- **Primary Training Base** Australia (Melbourne)

Q&A

Favourite food Peanut Butter

Favourite holiday destination Bali

Favourite music What ever is on the radio in the car

Dream car One that can fly :)

Personal Motto When the going gets tough, the tough get going

Star Sign Cancer

I would spend my last \$10 on 3 coffees

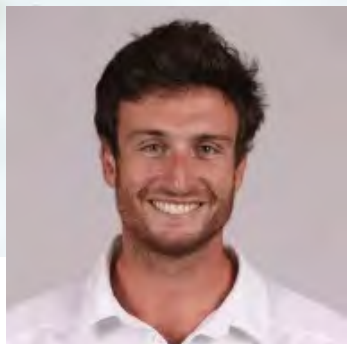
If I could try another Olympic sport it would be Bob Sledding

Most Inspiring Olympic Performance? Cathy Freeman's 400m at Sydney Olympics

Why this sport? For the sheer physical challenge and the friends and the commraderie that develop and support you



Official Home of the 2016 Australian Olympic Team



Josh Dunkley-Smith

Athlete Biography

Geelong rower Josh Dunkley-Smith will make his second Olympic appearance at Rio again in the men's coxless fours, looking to turn his London silver into gold. Despite only started the sport at 15-years-old Dunkley-Smith has had a successful senior career including a silver medal at the 2015 World Championships.

Olympic champion Drew Ginn teamed up with Dunkley-Smith in 2011 and despite the 15-year age difference, formed a formidable partnership, taking out the men's pair title at the 2011 National Championships. William Lockwood and James Chapman were then added to the boat to form the men's four for the 2012 London Games.

The four won their Olympic heat by almost three seconds, setting a new Olympic record, before finishing second behind the British in the semi-final. In an extremely close final, the Aussies finished just 1.22 seconds behind Great Britain to take silver.

Since London, accompanied by a new crew, Dunkley-Smith continued to enjoy success in the men's four, with medals at multiple World Cups as well as silver and bronze at the 2013 and 2014 World Championships respectively.

Dunkley-Smith's mother, Addy Bucek is a dual Olympian in sailing - 1992 Barcelona and 1996 Atlanta Games. He travelled with his mother to the Olympic Games and grew up familiar with the life of an athlete which inspired him to become an Olympian himself.

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Rowing

Fast Facts

Sport Rowing

Event/s Four Men

Height 194

Age 27

Lives Melbourne, VIC, Australia

Status Selected

Nickname Sloth

Weight 98

Born Melbourne, VIC, Australia

Associated Olympians



Charlotte Sutherland



Chris Morgan



Meaghan Volker



James McRae

MORE >

Career Highlights

- Placing third in the men's eight at the 2010 Rowing World Championships on Lake Karapiro, New Zealand

Education

- **Primary** Albert Park Primary School (VIC, Australia)
- **Secondary** The Geelong College (VIC, Australia)
- **Tertiary** Bachelor of Arts/Journalism - Monash University (2009 -)

Training

- **Coach** Chris O'Brien (2016 - current)
- **Primary Training Base** Canberra, Australia

- **Secondary Training Base** Melbourne, Australia

Q&A

Favourite food Milk

Favourite holiday destination Northern Italy or the Gold Coast.

Favourite music I enjoy all kinds of music.

Dream car 1991 Honda Civic or a new Audi

Personal Motto Don't stuff it up!

Star Sign Cancer

I would spend my last \$10 on All on black

If I could try another Olympic sport it would be Basketball



Official Home of the 2016 Australian Olympic Team



Maddie Edmunds

Athlete Biography

Madeleine 'Maddie' Edmunds will be making her Olympic debut at the 2016 Rio Olympic Games. Competing in the Women's Quadruple Sculls, alongside Jennifer Cleary, Kerry Hore and Jessica Hall.

Born into a rowing family, from a small child all Maddie dreamed of was to compete for Australia at an Olympic Games. Her father, Ian Edmunds, competed for Australia numerous times and won an Olympic bronze medal at the 1984 Los Angeles Games in the Men's Eight.

Selected in a crew that has been competing together since 2013, Edmunds has been an U23 World Champion in this boat class, having won gold in Trakai, Lithuania in 2012 alongside Hall as well as Olympia Aldersey and Rebekah Hooper.

Making her first senior team in 2013, Edmunds and her current crew mates won multiple World Rowing Cup medals and qualified the boat for Rio after finishing fifth at the 2015 World Rowing Championships in Aiguebelette, France.

Outside of rowing, Queensland-born Edmunds is studying business and is an avid baker.

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Rowing

Fast Facts

Sport Rowing	Status Selected
Event/s Quadruple Scull Women	Height 187
Weight 81	Age 24
Born Southport , QLD, Australia	Lives Brisbane, QLD, Australia

Olympic Information

- Rio 2016 will be Olympic debut

Recent Performances

- 5th – (W4x) 2016 World Rowing Cup 2 (Lucerne, Switzerland)
- 1st – (W4x) 2016 Australian National Championships (Sydney, Australia)
- 5th – (W4x) 2015 World Rowing Championships (Aiguebelette, France)
- 2nd – (W4x) 2015 World Rowing Cup 3 (Lucerne, Switzerland)
- 5th – (W4x) 2015 World Rowing Cup 2 (Varese, Italy)

Career Highlights

- Winning the silver medal at the 3rd World Cup in Lucerne 2015
- Qualifying for the Olympics last year after a less than perfect start to our race.
- Winning the U23 World Championship and Henley Royal Regatta in 2012 (W4x).

Education

- **Primary** Payne Road State School, QLD, Australia
- **Secondary** St Margaret's AGS, QLD, Australia
- **Tertiary** Bachelor of Business - Griffith University (2014-current)

Training

- **Coach** Tom Westgarth (2010-current)
- **Club** Commercial Rowing Club, Brisbane
- **Institute/Academy** Queensland Academy of Sport
- **Primary Training Base** Brisbane- Queensland Academy of Sport , Canberra - AIS
- **Secondary Training Base** Italy- European Training Center

Q&A

Favourite food Mexican

Favourite holiday destination Fiji

Favourite music Tay Tay

Dream car Audi Q7

Star Sign Capricorn

I would spend my last \$10 on Coffee and a muffin

If I could try another Olympic sport it would be Basketball

Most Inspiring Olympic Performance? M4- 2008

First Olympic Memory? Wearing my Dad's bronze medal

Most Influential person in your career/life Jirik Haselgrove

Why this sport? I think I choose Rowing over all the other sports I did because it is the ultimate team sport and you really learn so much about pushing yourself.



Official Home of the 2016 Australian Olympic Team



Karsten Forsterling

Athlete Biography

Karsten Forsterling will make his second Olympic appearance at Rio in the men's quad sculls, marking a huge comeback after three years out of the sport after his Bronze medal at the London Games. Forsterling is the oldest member of the rowing section and also the only father amongst the rowers.

For Forsterling, selection to the 2012 Olympic Team was the realisation of years of hard work and devastating near-misses. After missing out on the men's eight crew for Athens in 2004, Forsterling travelled to Beijing as the reserve in 2008 and almost filled in for an ailing Drew Ginn but never actually took to the course.

Ahead of the London Games, the Melbournian won his first gold medal from eight World Championship campaigns in 2011. He lined up with his World Championship teammates Chris Morgan, James McRae and Daniel Noonan on his Olympic debut in London.

A strong second place finish in the semi-finals booked the crew a spot in the medal race. Sitting in fourth at the midway point of the final, the Aussie crew finished strong to claim the bronze medal with Germany winning gold and Croatia taking home the silver.

The Men's Quadruple Scull featuring David Crawshay, David Watts and Cameron Girdlestone, claimed silver at the 2015 World Rowing Championships, before three-time Olympic legend David Crawshay retired from the international rowing scene. Fosterling is now joined by Girdlestone, James McRae and Alexander Belonogoff looking to secure Olympic gold at Rio.

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Rowing

Fast Facts

Sport Rowing

Event/s Quadruple Scull Men

Height 191

Age 36

Lives Melbourne, VIC, Australia

Status Selected

Nickname Kajun

Weight 88

Born Newcastle, NSW, Australia

Associated Olympians



Kerry Hore



Jessica Hall



James McRae



Sally Kehoe

MORE >

Career Highlights

- Winning the 2006 World Cup in the men's eight in Poznan, Poland

Education

- **Primary** St Vincents Primary School (ACT, Australia)
- **Secondary** Melbourne Grammar School (VIC, Australia)
- **Tertiary** Bachelor of Engineering - Monash University (1998 - 2001)

Training

- **Coach** John Dreissen (2016 - current)
- **Primary Training Base** Melbourne, VIC

- **Secondary Training Base** RBNTC

Q&A

Superstition/s None

Favourite food Carrots or Muesli

Favourite holiday destination Bermagui, NSW

Favourite music Anything I can sleep to

Dream car 1969 Porsche 911S

Star Sign Aquarius

I would spend my last \$10 on My wife

If I could try another Olympic sport it would be Cross Country Skiing or Speed Skating



Official Home of the 2016 Australian Olympic Team



Cameron Girdlestone

Athlete Biography

Cameron Girdlestone will make his Olympic debut at Rio, rounding out an evenly balanced men's Quadruple Scull that boasts experience and fresh talent.

The 28-year-old discovered the sport of rowing in 2003 when he made the switch from cricket and only two years later competed in the men's four at the Junior World Championships in Germany.

The Sydney-sider contested the U23 World Championships in 2007 and then made his first senior team in 2014. At the first World Cup of that year in Sydney, Girdlestone took gold in the quad scull and silver in the pair and went on to compete in the quad scull at World Cup 3 and the 2014 World Championships.

Girdlestone secured a silver medal at the 2015 World Championships in France, continuing to demonstrate the strength of the Australian men's quad scull crew. The PDHPE teacher kicked off the 2016 season with a bang as he was crowned Male Single Scull Champion of Australia at the Sydney International Rowing Regatta.

Out of the boat, Girdlestone teaches at the Shore School in Sydney and enjoys working with the students in their academic and sporting endeavours.

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Rowing

Fast Facts

Sport Rowing	Status Selected
Event/s Quadruple Scull Men	Nickname Girds
Height 190	Weight 92
Age 28	Born Sydney , NSW, Australia

Olympic Information

- Rio 2016 will be Olympic debut

Recent Performances

- 1st – (M4x) 2016 World Rowing Cup II (Lucerne, Switzerland)
- 1st – (M1x) 2016 Australian Rowing Championships (Sydney, Australia)
- 2nd - (M4x) 2015 World Rowing Championships (Aiguebelette, France)
- 6th – (M4x) 2015 World Rowing Cup III (Lucerne, Switzerland)
- 5th – (M4x) 2015 World Rowing Cup II (Varese, Italy)

Career Highlights

- 2015 World Rowing Championships, France - Mens quadruple scull SILVER medal
- 2014 Rowing World Cup 1 FIRST mens quad scull & SILVER mens double scull
- 2015 World Rowing Cups 2 and 3; WC2 5th place and WC3 6th place

Education

- **Primary** Samuel Gilbert Primary School NSW, Australia & The Kings School Parramatta, NSW, Australia
- **Secondary** The Kings School Parramatta, NSW, Australia
- **Tertiary** Bachelor of Education: Human Movement Health Education; University of Sydney (2007-2011)

Training

- **Coach** John Driessen (2007,2015-current)
- **Club** Sydney University Boat Club SUBC, Sydney, NSW, Australia
- **Institute/Academy** NSWIS

- **Primary Training Base** Currently residing in Canberra, AIS
- **Secondary Training Base** ETC European Training Centre, Varese ITA

Q&A

Superstition/s Must have my rowing bag organised with everything in it the night before anything training or racing

Favourite food Gelato Messina

Favourite holiday destination NSW North coast; fishing, beach, surfing; anywhere near the water

Favourite music Spotify

Dream car Range Rover Sport

Personal Motto I Leave no stones unturned and will always hold myself to higher standard

Star Sign Taurus

I would spend my last \$10 on Coffee and breakfast

Tattoos/Piercings No

If I could try another Olympic sport it would be 100m final Track

Most Inspiring Olympic Performance? Every Aussie's performance is inspiring

First Olympic Memory? Watching Sydney 2000 games

Most Influential person in your career/life Everyone around me

Why this sport? I love the challenge when placed in front of me and love pushing myself and finding my true capabilities



Official Home of the 2016 Australian Olympic Team



Molly Goodman

Athlete Biography

South Australian Molly Goodman is off to her first Olympic Games as a part of the women's eight.

Molly Goodman made her international debut in 2011 at the Junior World Championships in the quad sculls and in 2013 she was fourth in the final of the women's eight at the U23 World Championships. Goodman made her first senior A team in 2014 competing at the Lucerne World Cup and the World Championships in the women's eight.

Having competed in the women's pair at the 2015 World Championships she went on to compete in the eight as they finished third at the Final Olympic Qualification Regatta as they just missed a Rio 2016 spot. The boat was a late call up to the Games after Russia was removed from the competition.

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Rowing

Fast Facts

Sport Rowing

Age 23

Lives North Adelaide, SA, Australia

Status Selected

Born Rose Park, SA, Australia

Recent Performances

- 3rd - Final Olympic Qualification Regatta (Lucerne, Switzerland)

Training

- **Primary Training Base** Melbourne, Australia



Official Home of the 2016 Australian Olympic Team



Rhys Grant

Athlete Biography

Western Australian Rhys Grant will be making his Olympic debut in the Men's Single Sculls. Grant qualified the boat for the Australian Olympic Team by finishing second at the Final Olympic Qualification Regatta held in Lucerne, Switzerland in May 2016.

The Western Australian Rowing Club member, is a qualified civil engineer and works part-time for a design firm while also pursuing his rowing career.

Grant began rowing at school in 2000, and first represent Australia at junior level in 2004 in the Junior Men's Four at the Junior World Championships in Spain. Grant made his senior World Championships debut competing in the Men's Quadruple Sculls in 2014

Grant's nickname is Mr President, after he won the Interstate Men's Single Sculls Trophy, The President's Cup, in 2013, (first West Australian in 30 years to do so), an achievement he backed up in 2016 ahead of the qualification regatta.

Grant's father, Guy, was a member of Australia's Ice Hockey team in the late 1970s and 1980s.

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Rowing

Fast Facts

Sport Rowing

Status Selected

Event/s Single Scull Men
Weight 88
Born Subiaco , WA, Australia

Height 188
Age 29

Olympic Information

- Rio 2016 will be Olympic debut

Recent Performances

- 2nd – (M1x) 2016 Final Olympic Qualification Regatta (Lucerne, Switzerland)
- 1st – (M1x) 2016 Australian Interstate Regatta (Sydney, Australia)
- 15th – (M4x) 2014 World Rowing Championships (Amsterdam, Netherlands)
- 4th – (M1x) 2014 World Rowing Cup 1 (Sydney, Australia)
- 4th – (M8+) 2009 U23 World Rowing Championships (Racice, Czech Republic)

Career Highlights

- 2013 Interstate Men's Single Scull win. (Known as the Presidents Scull). First person from WA to win in 30 years.
- 2016 Interstate Men's Single Scull win. (Known as the Presidents Scull). First person from WA to ever win it twice, and recorded fastest time for a single sculler from WA.
- Winning my school boys Head of the River in 2004 at Trinity College Perth

Education

- **Primary** Trinity College, Perth, WA, Australia
- **Secondary** Trinity College, Perth, WA, Australia
- **Tertiary** Bachelor of Civil and Construction Engineering, Curtin University, 2007-2011

Training

- **Coach** Rhett Ayliffe (2004-current (on and off))
- **Club** Western Australia Rowing Club
- **Institute/Academy** WAIS
- **Primary Training Base** Canning Bridge

- **Secondary Training Base** Western Australia Rowing Club

Q&A

Favourite food All of it

Favourite holiday destination Rottnest Island

Favourite music BLoc Party, Blink 182, The Strokes

Dream car Mercedes Maybach

Star Sign Aquarius

If I could try another Olympic sport it would be Definitely not a ball sport, my hand eye co-ordination is lacking to say the least... so.. not sure

First Olympic Memory? Doing a junior school project on the winter Olympics in 1998

Most Influential person in your career/life Mum and Dad.

Why this sport? I was not great at much else, and all of my friends did it at the start of high school so i gave it a go and loved it.



Official Home of the 2016 Australian Olympic Team



Alexandra Hagan

Athlete Biography

Having learnt to row at boarding school, Bunbury's Alexandra Hagan is off to her second Olympic Games in Rio with the women's eight.

She will be the only member of the crew with Olympic experience having made her Olympic debut at the London 2012 Games as a 21-year-old. The West Australian helped qualify the women's eight for the London Games with victory at the Final Olympic Qualification Regatta in Lucerne. Hagan and the Australian women's eight crew made the A Final at London 2012 finishing in sixth place.

She first competed internationally at the 2008 Junior World Championships, finishing fifth in the single sculls. The following year she won a silver medal in the women's quad sculls at the Junior World Championships in France.

Hagan won U23 World Championships gold in the women's four in 2013 while also claiming silver in the senior event at the Lucerne World Cup that year. She also was a part of the eight crew that won the 2013 Sydney World Cup event.

She was a part of the crew that finished eighth at the 2015 World Championships and then third at the Final Olympic Qualification Regatta as they just missed a Rio 2016 spot. The boat was a late call up to the Games after Russia was removed from the competition.

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Rowing

Fast Facts

Sport Rowing

Nickname Alex

Weight 76

Born Bunbury, WA, Australia

Status Selected

Height 179

Age 25

Lives Bunbury, WA, Australia

Recent Performances

- 3rd - Final Olympic Qualification Regatta (Lucerne, Switzerland)
- 8th - 2015 World Championships (Aiguebelette, France)

Training

- **Primary Training Base** Melbourne, Australia



Official Home of the 2016 Australian Olympic Team



Jessica Hall

Athlete Biography

Queensland born Jessica Hall will be making her Australian Olympic Team debut at the 2016 Rio Olympic Games in the Women's Quadruple Sculls. The 2012 U23 World Champion, in the same boat class, will be competing alongside Madeleine Edmunds, Jennifer Cleary and Kerry Hore.

Taking up rowing in 2005, Hall won her first medal at the Junior World Rowing Championships in 2009 when she won a silver medal in the Women's Quadruple Sculls. She backed up that performance in 2012 with a World Championships title in 2012 at the U23 level.

A member of Brisbane and GPS Rowing Club, the 24-year-old had a strong national season, and was crowned the Australian National champion in the Women's Quadruple Sculls in Penrith, New South Wales.

A regular medallist at World Rowing Cups, Hall is currently studying a joint honours degree, in Criminology and Psychology, at Griffith University.

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Rowing

Fast Facts

Sport Rowing

Event/s Quadruple Scull Women

Height 183

Status Selected

Nickname Jess

Weight 75

Age 24**Born** Brisbane, QLD, Australia

Olympic Information

- Rio 2016 will be Olympic debut

Recent Performances

- 2nd - (W4x) 2016 World Rowing Cup 3 (Poznan, Poland)
- 5th – (W4x) 2016 World Rowing Cup 2 (Lucerne, Switzerland)
- 1st – (W4x) 2016 Australian National Championships (Sydney, Australia)
- 5th – (W4x) 2015 World Rowing Championships (Aiguebelette, France)
- 2nd – (W4x) 2015 World Rowing Cup 3 (Lucerne, Switzerland)

Career Highlights

- U23 World Rowing Championships in the Women's Quad in 2012
- Winning the 2014 World Cup in Sydney, this is highlight because it was the first race and start of the now 3 year journey with this crew.
- World Cup 3 2016, Silver, Poznan, Poland

Education

- **Primary** Graceville State School
- **Secondary** St Peters Lutheran College
- **Tertiary** Bachelor of Psychological Science- Griffith University

Training

- **Coach** Tom Westgarth 2011-Current
- **Club** Brisbane and GPS Rowing Club
- **Institute/Academy** Queensland Academy of Sport
- **Primary Training Base** Queensland Academy Of Sport
- **Secondary Training Base** Australian Institute of Sport

Q&A

Superstition/s None of that rubbish!

Favourite food Anything chocolate

Favourite holiday destination I love the Whitsunday's!

Favourite music Hard question! Too many to choose. Probably RHCP and Ben Howard

Dream car Vintage Fiat Cinquecento

Personal Motto Be the best I can be in all I do

Star Sign Cancer

I would spend my last \$10 on Having coffee with my friends

Tattoos/Piercings Just my ears! Fully boring!

If I could try another Olympic sport it would be Rugby sevens might be on the list for 2024 I think!

Most Inspiring Olympic Performance? I'm inspired by my crew mate Kerry, who is creating history this year by competing at 4 Olympic Games. She's the only Aussie female rower to ever do that. I find that, and her as an athlete incredibly inspirational.

First Olympic Memory? Cathy Freeman in that fresh suit in Sydney

Most Influential person in your career/life My parents. My dad is incredibly resilient and has always taught me to work hard for success in anything in life. My mum has an incredibly charismatic personality. She has such a friendly, easy going attitude to all aspects of life and I have tried to take a lot of what I've learnt from her into my own rowing career.

Why this sport? Because it is the ultimate team sport. I love working so closely with my crew mates and coach to make our boat go as fast as possible.



Official Home of the 2016 Australian Olympic Team



Alexander Hill

Athlete Biography

Young-gun Alexander Hill will make his Games debut at Rio, in a bid to help the London silver medal winning men's four claim Olympic gold and glory.

Hill discovered the sport of rowing at 16-years-old at his high school, Prince Alfred College in Adelaide. Despite only being 23-years-old, Hill has over five years of international racing experience under his belt which began with a gold medal victory in the men's four at the 2011 Junior World Championships in Eton

The boy from Loxton North, South Australia won two silver medals at the 2012 and 2013 U23 World Championships in the men's eight and pair respectively. Hill also contested the senior World Championships in 2013, taking out the B final in the men's eight.

Over the past two years, Hill has moved into the senior ranks and proved his strength by claiming two gold medals at World Rowing Cup 1 in 2014, including a victory in the men's' four over the reigning World Champions. In 2015, the Australian men's four went on to claim the gold at the World Rowing Cup in Lucerne and silver at the 2015 World Championships in Aiguebelette, France.

Rio won't be Hill's first Olympic experience thought as the South Australian competed at the 2013 Australian Youth Olympic Festival and was bestowed the honour of lighting the cauldron at the Opening Ceremony.

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Rowing

Fast Facts

Sport Rowing

Event/s Four Men

Born Berri, SA, Australia

Status Selected

Age 23

Lives Loxton North, SA, Australia

Olympic Information

- Rio 2016 will be Olympic debut

Recent Performances

- 2nd – (M4-) 2015 World Rowing Championships (Aiguebelette, France)
- 1st – (M4-) 2015 World Rowing Cup III (Lucerne, Switzerland)
- 1st – (M8+) 2014 Sydney World Cup (Sydney, Australia)
- 2nd – (BM2-) 2013 U23 World Championships (Linz, Austria)
- 2nd – (M4-) 2013 Sydney World Cup (Sydney, Australia)

Education

- **Primary** Loxton North Primary School, Loxton North, SA and St Albert's Catholic School, Loxton, SA
- **Secondary** Prince Alfred College, Adelaide, SA

Training

- **Coach** Chris O'Brien (2016 - current)
- **Club** Adelaide RC, South Australia, Australia
- **Institute/Academy** South Australian Institute of Sport and the Reinhold Batschi National Training Centre
- **Primary Training Base** Canberra, Australia
- **Secondary Training Base** Adelaide, Australia

Q&A

Favourite food Pizza

Dream car Ferrari

Star Sign Pisces

I would spend my last \$10 on Farmers Union Iced Coffee

If I could try another Olympic sport it would be Basketball

Why this sport? I took rowing up at college and I just really enjoyed it



Official Home of the 2016 Australian Olympic Team



Kerry Hore

Athlete Biography

Kerry Hore will make Australian history at Rio, as she becomes the first female rower to compete at four Olympic Games.

Hore, who started rowing in 1997 at school, was part of the last women's crew to win a medal for Australia at an Olympic Games, when she combined with 2012 crew mate Dana Faletic, as well as Amber Bradley and Rebecca Sattin to win bronze in Athens 2004 in the women's quad scull.

One year earlier Hore made her senior World Championships debut at the age of 22 and won gold in Milan, Italy as part of the women's quad scull also featuring Faletic, Bradley and Jane Robinson.

Hore raced to a seventh place finish at the 2005 World Championships in the women's single scull, and after a year away from the sport, returned in 2007 to partner Amber Bradley to ninth in the women's double scull and qualify the boat for Beijing.

Hore was selected in the women's quad scull for the Beijing Olympic Games and London 2012 Olympic Games in the quad sculls, finishing sixth and fourth respectively. Off the water, Hore works as a pharmacist and credits her continuing love of the sport to her young crew mates who will make their Olympic debuts this year.

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Rowing

Fast Facts

Sport Rowing
Event/s Quadruple Scull Women
Height 183
Age 35
Lives Canberra, ACT, Australia

Status Selected
Nickname Kez
Weight 74
Born Hobart, TAS, Australia

Associated Olympians



Jennifer Cleary



Chris Morgan



Genevieve Horton



Jessica Hall

MORE >

Career Highlights

- Winning gold in the women's quad scull at the 2003 World Championships in Milan

Education

- **Primary** Mt Stuart Primary (TAS, Australia)
- **Secondary** Ogilvie High School and The Friends' School (TAS, Australia)
- **Tertiary** Bachelor of Pharmacy, University of Tasmania (2000 - 2005)

Training

- **Coach** Tom Westgarth (2013 - current)
- **Primary Training Base** Canberra, Australia
- **Secondary Training Base** Varese, Italy

Q&A

Favourite food Chocolate

Favourite holiday destination Bushwalking in Tasmania

Favourite music The XX, John Williamson

Star Sign Cancer

I would spend my last \$10 on A coffee and a lotto ticket



Official Home of the 2016 Australian Olympic Team



Genevieve Horton

Athlete Biography

Genevieve Horton will be competing at her first Olympic Games and will be partnering with Sally Kehoe in the Women's Double Sculls. At just 21, Horton will be the youngest member of the Australian rowing section at the Rio Olympic Games.

A Sydney-local, it was not long ago, just 2013, that Horton made her international debut for Australia. The Mosman Rowing Club athlete became a Junior World Champion in 2013 when she won gold in the Junior Women's Pair alongside Jessie Allen. Later that year, Horton went on to win gold in Australia's Senior Women's Eight at the 2013 World Rowing Cup in Sydney.

In 2014, Horton and Allen once again paired up and this time won a bronze medal at the 2014 U23 World Rowing Championships. In 2015, Horton made her first senior crew at a World Rowing Championships, competing in the Women's Pair, where she finished 13th overall. Post-event Horton re-evaluated her rowing options and returned to sculling in a bid to secure a place in the Olympic team and after some strong performances at selection trials was selected to compete alongside Kehoe in 2016.

While training in Canberra this season, Horton continues to study part-time and is an avid lover of all animals and says if she wasn't a rower she probably would have been a vet. In 2016 she won both the U23 national title in the Women's Single Sculls and also the National title in the Women's Double Sculls, alongside Kehoe.

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Rowing

Fast Facts

Sport Rowing

Event/s Double Scull Women

Weight 72

Born North Sydney, NSW, Australia

Status Selected

Height 179

Age 21

Lives Gordon, NSW, Australia

Associated Olympians



Jessica Morrison



David Watts



Kerry Hore



Fiona Albert

MORE >

Career Highlights

- Gold Medal at World Junior Rowing Championships 2013, Trakai, Lithuania - Women's Pair
- Gold Medal in World Rowing Cup 1 2013, Sydney, Australia - Women's 8
- Bronze Medal at World under 23 Rowing championships 2014, Varese, Italy - Women's Pair

Education

- **Primary** Pymble Public School, NSW, Australia
- **Secondary** Pymble Ladies College, NSW, Australia
- **Tertiary** Bachelor of Management in Events and Leisure

Training

- **Coach** Rhett Ayliffe 2015-Current
- **Club** Mosman Rowing Club, Sydney, NSW, Aus
- **Institute/Academy** NSWIS

- **Primary Training Base** AIS- Canberra
- **Secondary Training Base** Sydney

Q&A

Superstition/s Should be thrown out the window!

Favourite food Pavlova

Favourite holiday destination Anywhere in the aussie outback - there is so much to explore!

Favourite music Anything that featured on a hits for kids mix CD circa 2006

Dream car a VW van I can live in

Personal Motto If you're going to do something, do it well!

Star Sign Capricorn

I would spend my last \$10 on Some good food for the ride!

Tattoos/Piercings A few ear piercings and a belly button ring which is as far as my rebellious phase ever went...

If I could try another Olympic sport it would be Beach Volleyball

Most Inspiring Olympic Performance? The french men's pair final in Sydney

First Olympic Memory? Going to watch the athletics in Sydney, shame I was so little and had no idea what was really going on

Most Influential person in your career/life Steven Bradbury - It's not over till it's over and encapsulates the aussie spirit

Why this sport? It was the only sport I could make the 1sts in at school so thought I better stick to it



Official Home of the 2016 Australian Olympic Team



Sally Kehoe

Athlete Biography

Sally Kehoe will take to the water in her third Olympic Games, partnering up with Genevieve Horton in the women's double scull. With two sixth place Olympic finishes Kehoe is keen to stand on the dais at Rio.

Kehoe started rowing in 1999 after she was introduced to the sport whilst at boarding school in Brisbane. Kehoe won her first national championship at the age of 14 and her first Junior World Championship at 16.

At only 21, the Toowoomba native, made her Olympic debut as part of the eight at the 2008 Beijing Games finishing sixth. Kehoe then went on to be one of only two surviving members of the Beijing women's eight at the London 2012 Games and the crew again finished in 6th place.

In the semi-final of the 2014 World Championships, Kehoe and Olympia Aldersey posted the world's fastest time in the double sculls - 06:37.310. They went on to place third in the final and take home the bronze medal. The pair also won gold at the Sydney and Aiguebelette World Cups in 2014.

Kehoe is related to Australian Olympic swimmer Susie O'Neill through her paternal grandmother. It was Susie's 1992 Barcelona Olympics performances that inspired the then 5-year-old to become an Olympian.

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Rowing

Fast Facts

Sport Rowing

Event/s Double Scull Women

Height 172

Age 29

Lives Toowoomba, QLD, Australia

Status Selected

Nickname Sal

Weight 75

Born Toowoomba, QLD, Australia

Olympic Information

- 2008 Beijing – 6th (women's eight) 2012 London - 6th (women's eight)

Recent Performances

- 2nd – (W2x) 2016 World Rowing Cup II (Lucerne, Switzerland)
- 3rd - (W2x) 2014 World Rowing Championships (Amsterdam, Netherlands)
- 1st – (W2x) 2014 Sydney World Cup (Sydney, Australia)
- 6th – (W2x) Olympic Games (London, Great Britain)
- 1st - (W2x) 2010 Aiguebelette World Cup (Aiguebelette, France)

Career Highlights

- 2014 in women's double scull - World Cup Tour Winners, Bronze Medallist at World Championships, 2 World cup wins
- World's Best Time holder - women's double scull

Education

- **Primary** Toowoomba Preparatory School (QLD, Australia)
- **Secondary** St. Margaret's Anglican Girls School (QLD, Australia)
- **Tertiary** Bachelor of Business (Economics) - University of New England (2006 - 2011), Masters of International Finance - Deakin University (2012-2016)

Training

- **Coach** Jason Lane (2011 - current)

- **Club** Sydney University Boat Club
- **Institute/Academy** South Australian Sports' Institute
- **Primary Training Base** Adelaide, Australia
- **Secondary Training Base** Sydney, Australia

Q&A

Superstition/s You can't read anyone else's star sign.

Favourite food Chobani natural yoghurt with frozen berries or Sticky BBQ Ribs!

Favourite holiday destination Skiing at Val Thorens, France

Favourite music Anything from Lior to Fleetwood Mac to Cat Empire

Dream car A vintage MG convertible

Personal Motto Be loyal to myself.

Star Sign Libra

I would spend my last \$10 on A bet for anything with odds 100 to 1 and hope that it is my lucky day

Tattoos/Piercings Just the conservative ear piercings

If I could try another Olympic sport it would be Giant Slalom in the Winter Olympics - you've got to be able to use these quads for something else!

Most Inspiring Olympic Performance? The men's double scull in Beijing 2008 with David Crawshay and Scott Brennan winning gold

First Olympic Memory? Susie O'Neill winning Gold at Barcelona Olympics 1992

Why this sport? My older sisters couldn't do it and I could finally be the best in my family at something!



Official Home of the 2016 Australian Olympic Team



Alex Lloyd

Athlete Biography

Alex Lloyd will team up with fellow Sydney Rowing Club teammate Spencer Turrin when the pair makes their Olympic debuts in Rio in the men's pair.

The Sydney-sider took up the sport in 2003 at school in North Sydney. He joined the Sydney Rowing Club in 2009 before he teamed up with fellow SRC rower Turrin in a coxless pair in 2012. The pair won silver at the 2012 National Championships and were both offered scholarships to the Australian Institute of Sport in 2012.

Lloyd won a bronze medal in his first major international event, the 2012 U23 World Championships. He made his first senior A team in 2013, winning gold as part of the new look men's four at the Eton World Cup and silver at the Sydney and Lucerne World Cups.

He has been a consistent member of the four since then, winning multiple World Cup and World Championships medals including silver at the 2013 World Championships in South Korea and bronze at the 2014 World Championships in the Netherlands.

The quiet achiever is studying a Bachelor of Civil Engineering (Honours) at Deakin University. He comes from a sporty family with his brother Nick a strong golfer, and his brother Jono was a champion hurdler in school.

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Rowing

Fast Facts

Sport Rowing

Event/s Pair Men

Born Darlinghurst, NSW, Australia

Status Selected

Age 25

Lives Sydney, NSW, Australia

Olympic Information

- Rio 2016 will be Olympic debut

Recent Performances

- 5th – (M2-) 2016 World Rowing Cup 2 (Lucerne, Switzerland)
- 1st – (M4-) 2015 World Cup 3 (Lucerne, Switzerland)
- 3rd – (M4-) 2014 World Rowing Championships (Amsterdam, Netherlands)
- 1st – (M8+) 2014 Sydney World Cup (Sydney, Australia)
- 1st – (M4-) 2014 Sydney World Cup (Sydney, Australia)

Career Highlights

- Winning the Kings Cup Interstate Men's Eight in 2014, representing the great state of NSW
- Silver Medal in the Men's four at 2013 World Rowing Championships in Chungju, South Korea, and Bronze Medal in the Men's four at 2014 World Rowing Championships in Amsterdam, Netherlands
- Winning the Championship Men's Eight at the NSW State Championships for Sydney Rowing Club (SFRC)

Education

- **Primary** Boronia Park Public School (NSW, Australia)
- **Secondary** Shore School (NSW, Australia)
- **Tertiary** Bachelor of Civil Engineering (Honours) - Deakin University (2014-)

Training

- **Coach** Mark Prater (2016)
 - **Club** Sydney Rowing Club (NSW, Australia)
 - **Institute/Academy** AIS, NSWIS
 - **Primary Training Base** Canberra
 - **Secondary Training Base** Sydney
-

Q&A

Favourite food Allens Strawberrys and Cream

Favourite holiday destination Anglesea

Favourite music Sack's Spotify

Dream car Canyon Aeroad CF SLX 9.0

Personal Motto Sometimes you kick, Sometimes you get kicked.

Star Sign Sagittarius

I would spend my last \$10 on My girlfriend Em

Tattoos/Piercings Sydney Rowing Club emblem, across back.

If I could try another Olympic sport it would be Track Cycling

Most Inspiring Olympic Performance? Matthais Steiner, Mens Weightlifting 105kg+, Beijing 2008

First Olympic Memory? The Dream with Roy and HG

Most Influential person in your career/life My Mum and Dad, Anna and Tony.

Why this sport? It's the only Sport available at Sydney Rowing Club.



Official Home of the 2016 Australian Olympic Team



Will Lockwood

Athlete Biography

William Lockwood will make his second Olympic Games appearance in 2016, as the Australian men's four look to turn their London silver medal into gold.

The Victorian burst onto the international scene when he claimed a bronze medal in the men's eight at the 2010 World Championships in New Zealand. In the same year, Lockwood won two World Cup medals, a gold in the men's four and silver in the men's eight, before securing a men's four bronze medal at the U23 World Championships.

Lockwood was paired with dual Olympian, James Chapman, and the pair claimed a silver medal in at the 2011 World Championships, before being selected in a new-look men's four for the 2012 Olympics with Joshua Dunkley-Smith and legend Drew Ginn.

Before their Games appearance, the four won silver at World Cup II and gold at World Cup III, and successfully secured themselves a ticket to the Olympic final at London. In a nail-biting finish, the Aussies finished just 1.22 seconds behind the British crew to take home Olympic silver.

The 28-year-old has also claimed back-to-back Interstate Kings Cup titles for Victoria men's eight in 2015 and 2016 at the Sydney International Regatta. Off the water, Lockwood claims to love anything with an engine and loves riding his Harley Davidson bike.

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Rowing

Fast Facts

Sport Rowing

Event/s Four Men

Height 191

Age 28

Lives Melbourne, VIC, Australia

Status Selected

Nickname Willy

Weight 88

Born Melbourne, VIC, Australia

Olympic Information

- 2012 London - 2nd (M4-)

Recent Performances

- 2nd - (M4-) 2016 World Rowing Cup II (Lucerne, Switzerland)
- 2nd – (M4-) 2015 World Rowing Championships (Aiguebelette, France)
- 1st - (M4-) 2015 World Rowing Cup III (Lucerne, Switzerland)
- 1st - (M8+) 2014 Sydney World Cup (Sydney, Australia)
- 3rd - (M4-) 2014 Sydney World Cup (Sydney, Australia)

Career Highlights

- Silver medal in the mens four at the 2012 London Olympic Games.
- Winning the Interstate regatta Kings Cup for Victoria in the mens eight at the sydney international regatta centre in 2015
- Going back to back in the Interstate regatta Kings Cup for Victoria in the mens eight at the sydney international regatta centre in 2016

Education

- **Primary** Camberwell Primary School (VIC, Australia)
- **Secondary** Scotch College (VIC, Australia)

Training

- **Coach** Chris O'Brien (2009 - Current)
- **Club** Melbourne University Boat Club, Melbourne, Australia
- **Institute/Academy** RBNTC (Canberra) VIS (Melbourne)
- **Primary Training Base** Canberra, Australia
- **Secondary Training Base** Gavirate, Italy

Q&A

Superstition/s None

Favourite food Burger

Favourite holiday destination Anglesea, A town in Victoria, Australia. It is located on the Great Ocean Road.

Favourite music Too much to list.

Dream car 1966 Chevrolet pickup truck with an LS Conversion or a Dodge Challenger Hellcat.

Personal Motto For those I love I will sacrifice.

Star Sign Taurus

I would spend my last \$10 on Petrol

Tattoos/Piercings Text: Capax Infinitas, Ribs, Capable of the infinite Olympic Rings and motto, Right Bicep, a reminder of a great personal achievement Text: For those I love I will sacrifice, left bicep, my mantra in life

If I could try another Olympic sport it would be Trap Shooting

Most Inspiring Olympic Performance? 2008 Mens Pair final.

First Olympic Memory? Watching the 2004 Olympic Rowing regatta

Most Influential person in your career/life My Dad

Why this sport? Because I love it



Official Home of the 2016 Australian Olympic Team



James McRae

Athlete Biography

James McRae will bring a world of experience to the Rowing section at the Rio Games, competing in his third Games in the men's quad scull.

McRae rowed in his Olympic debut in the quad scull as a 21-year-old in Beijing. At the 2008 Games, McRae and his teammates set a new world record in the heats but finished just outside the medals in fourth position in the final.

The South Australian rower has competed in four World Championships, winning bronze in 2010 before snagging the gold in 2011 in Slovenia. The win established the Aussie quad scull crew of Daniel Noonan, Karsten Forsterling and Chris Morgan as the ones to beat at the London 2012 Games. At London, the Aussies were fourth at the half way mark but had a strong finish to claim bronze.

Post London, the 29-year-old started competing in the double sculls in 2014, taking two World Cup medals and bronze at the 2015 World Championships. Along with his doubles partner, Alexander Belonogoff, McRae has moved back to the quad boat for his third Olympic campaign.

McRae competed in the 2003 and 2005 Australian Youth Olympic Festival, showing his versatility as a young rower competing in the singles scull, quad scull and men's eight. Off the water, McRae studies a Bachelor of Mechanical Engineering at the University of Adelaide.

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Rowing

Fast Facts

Sport Rowing

Event/s Quadruple Scull Men

Height 193

Age 29

Lives Adelaide, SA, Australia

Status Selected

Nickname Jimmy

Weight 93

Born Adelaide, SA, Australia

Associated Olympians



Fiona Albert



Alexander Belonogoff



Will Lockwood



Olympia Aldersey

MORE >

Career Highlights

- Setting the world's best time in men's quadruple scull in the heat at the Beijing Olympics, 2008.

Education

- **Primary** Murray Bridge Primary School (SA, Australia)
- **Secondary** Unity College (SA, Australia)
- **Tertiary** Bachelor of Mechanical Engineering - University of Adelaide (2007 - current)

Training

- **Coach** John Dreissen (2016 - current)
- **Club** Murray Bridge RC
- **Institute/Academy** SASI
- **Primary Training Base** Adelaide, South Australia

- **Secondary Training Base** RBNTC, Canberra

Q&A

Favourite food Savoury slice and iced coffee from McCues Bakery in Murray Bridge.

Favourite holiday destination Monteith, South Australia

Favourite music Muse

Personal Motto If in doubt, grind it out

Star Sign Cancer

I would spend my last \$10 on Cleanseas shares

If I could try another Olympic sport it would be Track cycling or archery



Official Home of the 2016 Australian Olympic Team



Chris Morgan

Athlete Biography

Rio will be the third Olympic campaign for South Australian rower Chris Morgan. He competed in the quad scull crew alongside London teammates Dan Noonan and James McRae as well as Brendan Long at the Beijing 2008 Olympics, finishing fourth after setting a new world record in the heats. He will compete in the men's double scull with David Watts at Rio.

Lured by the prize of a carton of beer, Morgan took part in a rowing machine competition during O-Week at university. After winning the prize he was asked to join the Adelaide University Boat Club and he made a rapid rise in the sport.

In 2003/04, Morgan's first season of rowing, he won gold medal at the World University Games, and was later selected for the Australian rowing team that competed at the 2005 World Championships.

In 2010, Morgan became World Champion in the coxed pair before backing up the following year to win the 2011 World Championship in the quad sculls with Daniel Noonan Karsten Forsterling and James McRae. The four went on to compete together in London at the 2012 Olympic Games. In the Olympic final, they were sitting in fourth at half way until they surged home to claim the bronze medal.

Before taking up rowing, Morgan had showed promise in race walking, earning him the nickname 'Walker'. He also qualified for the 2009 Kona Ironman. Morgan has completed two university degrees - a Bachelor of Commerce and Bachelor of Computer Science and works as a software engineer.

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Rowing

Fast Facts

Sport Rowing

Event/s Double Scull Men

Height 191

Age 33

Lives Adelaide, SA, Australia

Status Selected

Nickname Walker

Weight 90

Born Adelaide, SA, Australia

Associated Olympians



Josh Dunkley-Smith



Rhys Grant



Charlotte Sutherland



Alexander Belonogoff

MORE >

Career Highlights

- Winning world championships in 2011 (Bled, Slovenia) in the Men's Quad.
- Bronze in London 2012 in the Men's Quad, after a very interrupted season.

Education

- **Primary** Burnside Primary School (SA, Australia)
- **Secondary** Norwood Morialta High School (SA, Australia)
- **Tertiary** Bachelor of Computer Science - Adelaide University (2001 - 2005)

Training

- **Coach** Rhett Ayliffe (2016-current)
 - **Club** Sydney Rowing Club, Sydney, NSW, Australia
 - **Institute/Academy** NSWIS
 - **Primary Training Base** Sydney, Australia
 - **Secondary Training Base** Canberra, Australia
-

Q&A

Favourite food Fruit mince pies

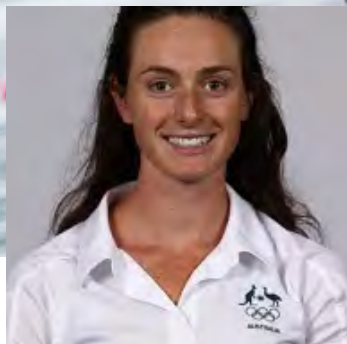
Favourite holiday destination Anywhere because it's a holiday!

Favourite music Anything except pop

Dream car A motorbike



Official Home of the 2016 Australian Olympic Team



Jessica Morrison

Athlete Biography

Jessica Morrison will make her Olympic debut in Rio as a part of the women's eight.

Morrison's first Australian Rowing Team was this year, 2016, when she was selected to be part of the Australian Women's Eight that competed at the Final Olympic Qualification Regatta in Lucerne.

Prior to rowing she was a keen swimmer and won World University Games gold in the 4x100m freestyle relay while also finishing eighth at the 2011 National Championships. She later completed a Talent Identification program and moved to rowing.

She competed in the eight, on debut for Australia, where the crew finished third at the Final Olympic Qualification Regatta as they just missed a Rio 2016 spot. The boat was a late call up to the Games after Russia was removed from the competition.

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Rowing

Fast Facts

Sport Rowing

Nickname Jess

Weight 72

Born Fitzroy, VIC, Australia

Status Selected

Height 180

Age 24

Recent Performances

- 3rd - Final Olympic Qualification Regatta (Lucerne, Switzerland)

Training

- **Primary Training Base** Melbourne, Australia



Official Home of the 2016 Australian Olympic Team



Lucy Stephan

Athlete Biography

Training for a marathon with teammate Fiona Albert, Lucy Stephan got the call up for the Rio 2016 Games where she will make her Olympic debut in the women's eight.

After just missing out with a third place finish at the Final Olympic Qualification Regatta, Stephan and her crew were called up for Rio after the Russian team was removed from the competition.

She won a silver medal at the 2012 U23 World Championships in Trakai, Lithuania in the women's four. She then went on to win silver at the 2013 World Cup in Lucerne and gold in the women's four at the U23 World Championships in Linz, Austria.

Stephan has rowed in Australia's Women's Eight in 2013, 2014 and 2015.

Lucy is studying a Bachelor of Secondary Teaching/Art.

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Rowing

Fast Facts

Sport Rowing

Age 24

Lives Sydney, NSW, Australia

Status Selected

Born Nhill, VIC, Australia

Recent Performances

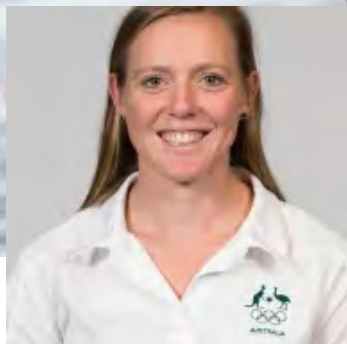
- Training for a marathon with teammate Fiona Albert, Lucy Stephan got the call up for the Rio 2016 Games where she will make her Olympic debut in the women's eight.
- After just missing out with a third place finish at the Final Olympic Qualification Regatta, Stephan and her crew were called up for Rio after the Russian team was removed from the competition.
- She won a silver medal at the 2012 U23 World Championships in Trakai, Lithuania in the women's four. She then went on to win silver at the 2013 World Cup in Lucerne and gold in the women's four at the U23 World Championships in Linz, Austria.
- Stephan has rowed in Australia's Women's Eight in 2013, 2014 and 2015.
- Lucy is studying a Bachelor of Secondary teaching/Art.

Training

- **Primary Training Base** Melbourne, Australia



Official Home of the 2016 Australian Olympic Team



Charlotte Sutherland

Athlete Biography

Following in her grandfather and older sister's footsteps, Charlotte Sutherland took up rowing in high school and is now off to her debut Olympic Games in Rio.

At her first senior international competition, she took gold as part of the women's eight at the 2013 World Cup I in Sydney. The same year at World Cup III she won silver in the women's four, and took gold in the women's four at the U23 World Championships in Linz, Austria.

She also contested the 2013 World Championships in Korea, taking fifth place with the women's eight.

Sutherland was a part of the crew that just missed out on Rio qualification after they finished third at the Final Olympic Qualification Regatta

From Tooma in country NSW, Sutherland is studying Agriculture at the University of Melbourne, and works casually at a grain trading company.

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Rowing

Fast Facts

Sport Rowing

Nickname Char

Status Selected

Height 181

Weight 76**Age** 25**Born** Albury, NSW, Australia**Lives** Melbourne, VIC, Australia

Recent Performances

- 3rd - Final Olympic Qualification Regatta (Lucerne, Switzerland)
- 8th - 2015 World Championships (Aiguebelette, France)

Education

- **Primary** Corryong College (VIC, Australia)
- **Secondary** Geelong Grammar School (VIC, Australia)
- **Tertiary** Bachelor of Agriculture - University of Melbourne (2010-2014)

Training

- **Coach** Bill Tait (2013-current)
- **Club** Mercantile Rowing Club, VIC, Melbourne
- **Institute/Academy** Victorian Institute of Sport
- **Primary Training Base** Melbourne Australia

Q&A

Favourite food Meatpies, Chicken Parma



Official Home of the 2016 Australian Olympic Team



Spencer Turrin

Athlete Biography

Spencer Turrin will team up with rowing training partner Alex Lloyd in Rio when the duo is set to make their Olympic debuts in the men's pair.

Turrin comes from Dungog, in the Hunter Region of NSW where his parents own an antique shop. He was a boarder at St Joseph's College in Sydney, which sparked his rowing career. He joined the Sydney Rowing Club in 2006, and in 2010 competed in the Australian Youth Cup, winning silver in the eight and the coxless four and bronze in the coxless pair.

Born in Maitland, the rower teamed up with fellow SRC rower Alex Lloyd in a coxless pair in 2012. The pair won silver at the 2012 National Championships and were both offer scholarships to the Australian Institute of Sport in 2012.

Turrin was named in the men's four in 2013 and has enjoyed considerable success in the four since then, claiming numerous World Cup medals as well as bronze at the 2014 and silver at the 2013 World Championships.

A strong 2015 season secured Turrin's position on the Rio rowing team when he won gold at World Cup 3 in Switzerland, and won silver at the 2015 World Rowing Championships.

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Rowing

Fast Facts

Sport Rowing	Status Selected
Event/s Pair Men	Nickname Nate
Height 190	Weight 92
Age 24	Born Maitland, NSW, Australia
Lives Dungog, NSW, Australia	

Olympic Information

- Rio 2016 will be Olympic debut

Recent Performances

- 5th – (M2-) 2016 World Rowing Cup 2 (Lucerne, Switzerland)
- 2nd – (M4-) 2015 World Rowing Championships (Aiguebelette, France)
- 1st – (M4-) 2015 World Rowing Cup 3 (Lucerne, Switzerland)
- 3rd – (M4-) 2014 World Rowing Championships (Amsterdam, Netherlands)
- 1st – (M4-) 2014 Sydney World Cup (Sydney, Australia)

Education

- **Secondary** St Joseph's College, Hunters Hill

Training

- **Coach** Mark Prater (2016 - current)
- **Club** Sydney Rowing Club
- **Institute/Academy** Reinhold Batschi National Training Centre
- **Primary Training Base** Canberra, Australia
- **Secondary Training Base** Sydney, Australia

Q&A

Star Sign Virgo

Why this sport? I took up rowing at school and really enjoyed it. I took time away for a year after school and realised how much I missed it and took it up again





Official Home of the 2016 Australian Olympic Team



Meaghan Volker

Athlete Biography

Tasmanian Meaghan Volker will make her Olympic debut in Rio as a part of the women's eight.

She returned to Australia in 2015 and began rowing with the women's eight after three years in the USA where she rowed and studied at UCLA.

The Buckingham RC athlete, who is coached locally by Neil Stump, was twice named an All American rower, 2nd Class in 2013 and 1st Class in 2014.

Her first international event in the Australian eight crew came at the World Rowing Cup 3 2015. She went on to compete at the 2015 World Championships where Australia finished second in the B Final.

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Rowing

Fast Facts

Sport Rowing

Nickname Megsie, Meags, Megs

Weight 74

Born Hobart, Tasmania, TAS, Australia

Status Selected

Height 179

Age 25

Lives Berriedale, TAS, Australia

Recent Performances

- 3rd - Final Olympic Qualification Regatta (Lucerne, Switzerland)
- 8th - 2015 World Championships (Aiguebelette, France)

Education

- **Primary** Holy Rosary Primary School (TAS, Australia)
- **Secondary** The Friends' School (TAS, Australia)
- **Tertiary** Bachelor of Arts (Geography)- University of California, Los Angeles (2012-2014)

Training

- **Coach** Neil Stump (2010-current)
- **Club** Buckingham Rowing Club, Hobart, Tasmania, Australia
- **Institute/Academy** Tasmanian Institute of Sport
- **Primary Training Base** Hobart, Australia
- **Secondary Training Base** Sydney, Australia



Official Home of the 2016 Australian Olympic Team



David Watts

Athlete Biography

2015 World Championships silver medallist, David Watts will make his Olympic debut in Rio as a member of the men's double scull with teammate Chris Morgan.

Born in England, Watts moved to Australia as a toddler, eventually settling in Perth where he started his rowing career. He first represented Australia in the 2008 Junior World Championships where the 16-year-old finished fourth in the Men's Four A Final.

In 2010 the West Australian won two bronze medals for Australia, including one from the inaugural Youth Olympic Games in Singapore in the Junior Men's Pair with Matthew Cochran. He won another bronze at the 2012 U23 World Rowing Championships in Trakai, Lithuania.

Watts has been training regularly in Canberra at the Reinhold Batschi National Training Centre under the guidance of Lyall McCarthy. After the 2015 National Selection Trials, Watts was selected to join Cameron Girdlestone, Karsten Forsterling and Olympic gold medallist David Crawshay in the Men's Quadruple Scull, coached by Tasmanian John Driessen. The team claimed silver at the 2015 World Rowing Championships in Aiguebelette, France.

His father passed away when he was 15 and while it doesn't define David, it is something that changed his life and drives him to succeed in whatever he does. Watts is an established photographer and his work can be seen in a number of up and coming fashion and rowing magazines as well as on his own photography page. He has played guitar for 19 years and loves surfing.

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Rowing

Fast Facts

Sport Rowing

Event/s Double Scull Men

Height 191

Age 24

Lives Floreat, WA, Australia

Status Selected

Nickname Davo, Wattsy, Dave

Weight 96

Born Stockton on Tees, England

Olympic Information

- Rio 2016 will be Olympic debut
- Singapore 2010 - 3rd (Mens Coxless Pairs)

Recent Performances

- 1st – (M4x) 2016 Australian Interstate Regatta (Sydney, Australia)
- 2nd – (M4x) 2015 Rowing World Championships (Aiguebelette, France)
- 3rd – (M4x) 2014 World Rowing Cup 1 (Sydney, Australia)
- 3rd – (BM8+) 2012 World Rowing U23 Championships (Trakai, Lithuania)

Career Highlights

- Silver Medal 2015 World Rowing Championships Mens Coxless Quad - Aiguebelette, France
- Bronze Medal 2012 U23 World Rowing Championships Mens Coxed 8 - Trakai, Lithuania

Education

- **Primary** Living Waters Lutheran College (WA, Australia)/City Beach Primary School (WA, Australia)
- **Secondary** Churchlands Senior High School (WA, Australia)/Trinity College (WA, Australia)

Training

- **Coach** Rhett Ayliffe (2014, 2016)

- **Club** Swan River Rowing Club
 - **Institute/Academy** RBNTC/WAIS
 - **Primary Training Base** Australian Institute Of Sport, Canberra
 - **Secondary Training Base** Swan River, Perth
-

Q&A

Favourite food Banana Bread

Favourite holiday destination Greece

Favourite music Anything with a good beat

Dream car Subaru WRX

Star Sign Aquarius

I would spend my last \$10 on Banana Bread or iced coffee. Whatever was on special

If I could try another Olympic sport it would be Swimming/Triathlon

Most Influential person in your career/life My parents
